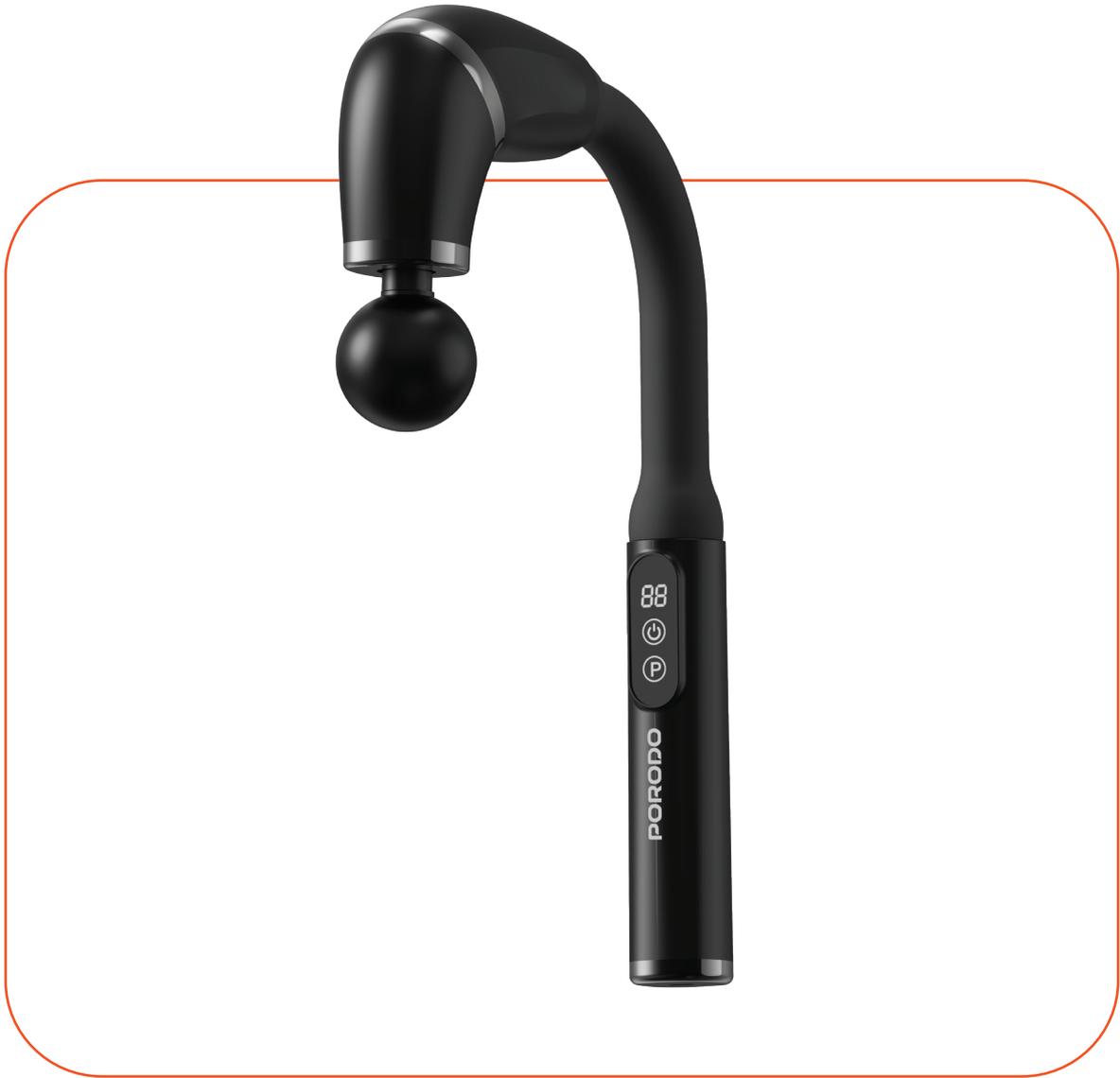


PORODO
LIFESTYLE



Porodo Lifestyle
U-Shaped Handle
4-HEAD Deep Massager

SKU: PDLFSTH021BK

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Product Overview

The Porodo Lifestyle U-Shaped 4-Head Deep Massager is designed to provide a soothing and effective massage experience. Featuring six adjustable intensity levels, this massager allows you to customize the strength of the massage to suit your needs. The intelligent LCD display offers real-time updates, keeping you informed about your settings, while three therapeutic modes target different areas of the body. Its ultra-quiet operation ensures a peaceful experience, making it perfect for home use or relaxation at any time. The portable and ergonomic design allows for comfortable handling, and the USB-C fast charging ensures quick recharges. With long battery life, this massager offers consistent performance to meet your relaxation needs.

Specifications

Input	DC 5V
Rated Power	7W
Battery Capacity	2000mAh
Charging Interface	Type-C
Recharge Time	3H
Noise Level	45dB
Material	ABS

Massage Heads	4
Product Size	50 x 230 x 330mm
Product Weight	0.57kg
Model Number	PDLFSTH021

Product Features

- 1. Six Speed Intensity Levels:** Tailor your massage experience with six different speed settings, allowing you to adjust the intensity to your personal preference for a more customized and effective treatment.
- 2. LCD Real-Time Display:** The smart LCD screen provides clear, real-time updates on settings such as speed and therapeutic mode, making it easy to monitor and control your massage experience at a glance.
- 3. Three Therapeutic Modes:** Choose from three specialized therapeutic modes designed to target specific muscle groups, providing a versatile massage that can relieve tension, reduce stress, and improve blood circulation.
- 4. U-Shaped Handle:** The uniquely designed U-shaped handle enhances comfort and control during use. It fits naturally in your hand, providing a more ergonomic grip for easy maneuverability, even during extended massage sessions.
- 5. Four Head Deep Massage:** Equipped with four rotating massage heads, this massager offers a deep tissue experience that reaches muscles at various depths for a thorough and relaxing massage. Perfect for relieving muscle stiffness and promoting relaxation.

- 6. USB-C Fast Charging:** Recharging the device is quick and convenient with USB-C fast charging. This ensures that you spend less time waiting and more time enjoying the soothing benefits of your massager.
- 7. Ultra-Quiet Operation:** Despite its powerful performance, the massager operates quietly, ensuring a peaceful and relaxing environment during your massage sessions without disruptive noise.
- 8. Portable & Ergonomic Design:** Its compact and lightweight design allows for easy portability, so you can enjoy a soothing massage wherever you go. The ergonomic structure ensures maximum comfort and ease of use.
- 9. Long Battery Life:** Equipped with a high-capacity battery, this massager delivers extended usage on a single charge, ensuring that you can enjoy multiple sessions without needing to recharge frequently.

Safety Precautions

- 1.** Avoid dropping or colliding with the product. Stop using the device immediately if the casing is damaged.
- 2.** Never touch the power cord with wet hands, and ensure the charger is disconnected by pulling the power cord.
- 3.** Do not handle the product or charger with wet hands to prevent short circuits, faults, or electrical shocks.
- 4.** Cease using the charger if it is exposed to rain, soaked in liquid, or significantly affected by moisture.
- 5.** Keep the battery away from high temperatures or heating sources, such as sunlight, heaters, microwaves, ovens, or water heaters, as excessive heat can cause battery explosions.
- 6.** Do not attempt to disassemble or modify the battery, insert foreign objects, or submerge it in water or other liquids to prevent leakage, overheating, or fire.
- 7.** When disposing of the appliance, always remove the battery before discarding.

8. Always power off the appliance before removing the battery.
9. Dispose of batteries responsibly and in accordance with local regulations.

Product Design

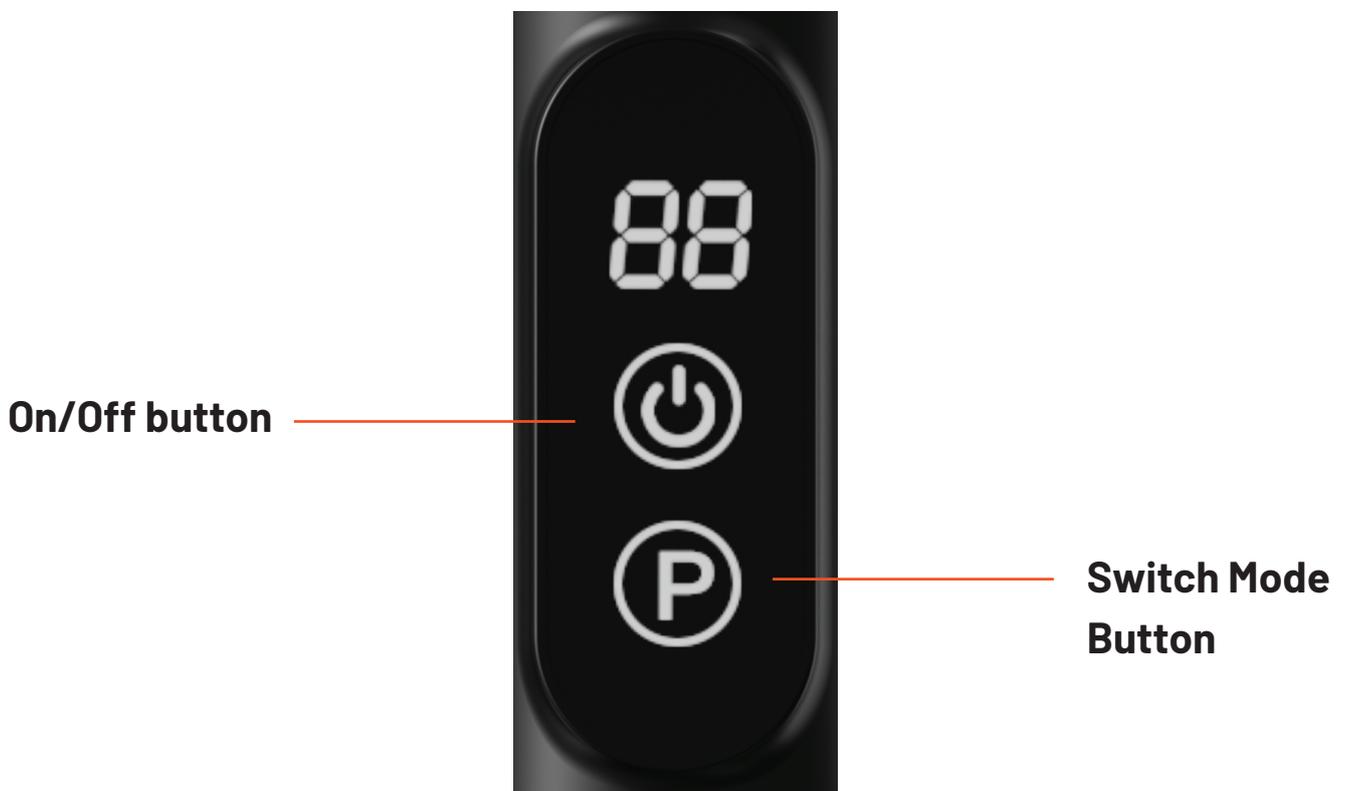


Massage Heads



1. Spherical head: Ideal for relaxing and shaping various muscle areas.
2. U-head: Perfect for massaging different muscle groups.
3. Flat head: Designed for targeting deep tissues, including meridians and joints.
4. Cylindrical head: Effective for massaging the neck and Achilles tendon along the spine.

Product Operation Guide



1. Powering On:
Press and hold the On/Off button for 1.5 seconds to turn on the device.
2. Default Mode:
The device defaults to Mode P1 with a power level of L1.
3. Adjusting Power Level:
 - a. When the device is on, short-press the On/Off button to adjust the power level.

b. Power levels range from L1 to L6 and can be cycled through.

4. Auto Shutdown:

The device will automatically shut down after 15 minutes of use.

5. Mode Adjustment:

Short-press the Mode button to switch between Mode P1 to P3.

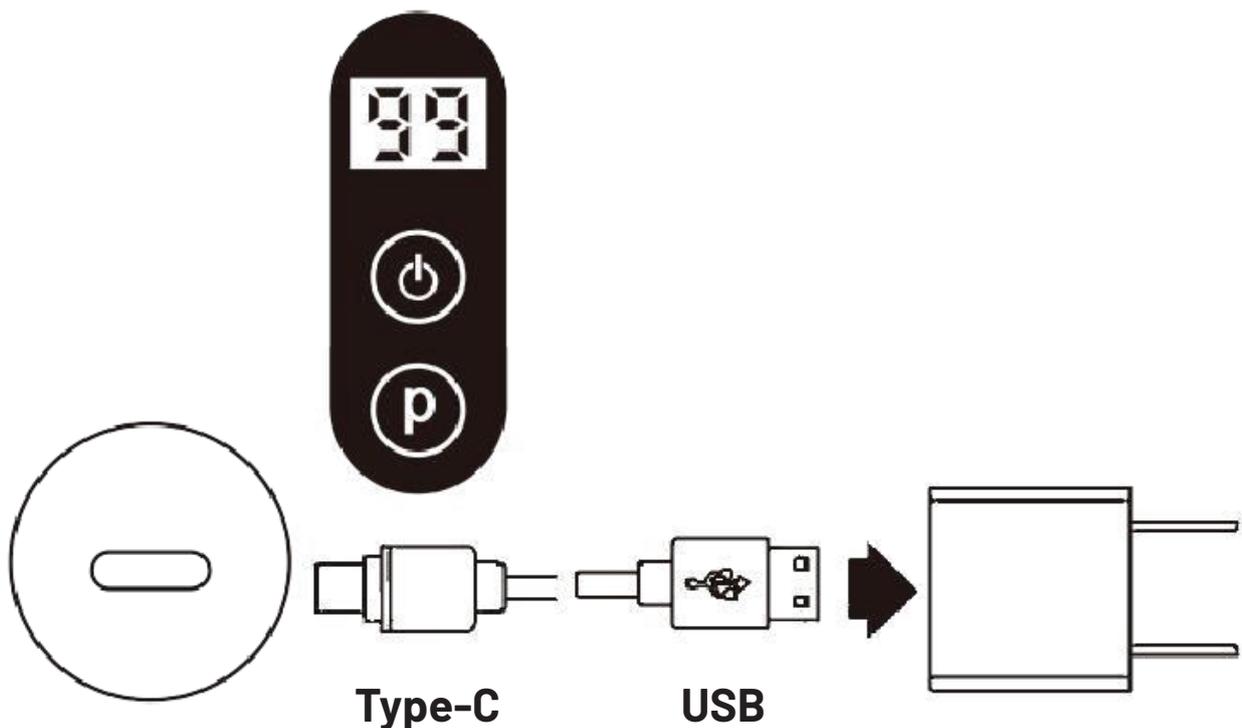
Note: The device starts in P1 mode by default. In this mode, the digital display will show the current power level but will not display the mode. For P2 and P3, the force gear cannot be adjusted.

Charging Instructions

1. LCD Screen: The screen displays the charging progress with a digital jump when charging.

2. Charging Indicator: The charging indicator will show the status while charging.

3. Battery Level: When the device is turned off and not charging, short-press the on/off button to display the current battery level.



Recommended Uses

1. Alleviates pain and spasms from muscle contusions, sprains, and strains.
2. Promotes fluid flow in swollen areas to reduce edema.
3. Loosens thickened connective tissue and fascia.
4. Helps reduce lactic acid buildup in muscles.
5. Enhances joint mobility.
6. Eases muscle fatigue.

Usage Prohibitions

1. Aneurysms, bleeding, or use of blood thinners.
2. Heart disease, cardiac pacemaker, or defibrillator.
4. Pregnancy or cancer.
5. Avoid use within 3 inches of internal fixation within 90 days of the procedure.
6. Sensitive areas: head, face, cervical vertebrae, spine, and vertebral body.
7. Positions with minimal muscle coverage near bones: tibia, dorsum of the foot, dorsum of the hand, etc.

Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.

Warranty

Products that you buy directly from our **Porodo** website or shop come with a 24-month warranty.

When you buy **Porodo** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at **porodo.net/warranty** and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:
porodo.net/warranty

Contact Us

If you have any questions about this Privacy Policy, please contact us at:

info@porodo.net

Website: **porodo.net**

Service Support: **support@porodo.net**

Instagram: **porodo**