



# Green Lion

## SENSE

### Medical Smart Watch

SKU: GNMEDSWA65BK

Model Number: GL-SWA65

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## Product Overview

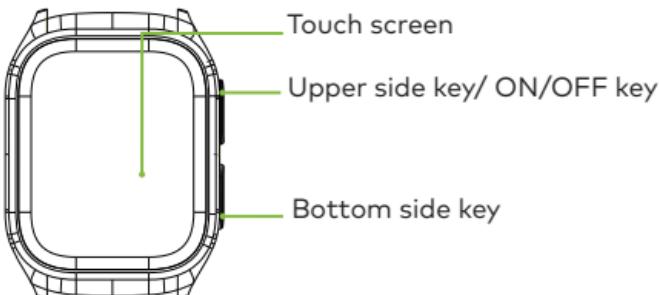
The Green Lion Sense Medical Smart Watch is the ideal lifestyle companion designed to help you stay connected, healthy, and active. Featuring a 2.06" AMOLED display, it offers real-time notifications, hands-free calls, and an AI voice assistant for a seamless user experience. Equipped with a 520mAh battery, this smartwatch ensures up to 12 days of operation on a single charge. It supports Bluetooth V5.3 connectivity, provides accurate weather forecasts, and offers multiple sports modes to cater to various activities. The watch is also IP68 waterproof, making it suitable for any environment. The Green Lion Sense features a high-precision sensor for tracking your vital signs and performing oscillometric blood pressure measurements. Its soft TPU medical airbag ensures comfort while wearing. Whether you're monitoring your health or staying in touch, this smartwatch has you covered with advanced features designed for modern living.

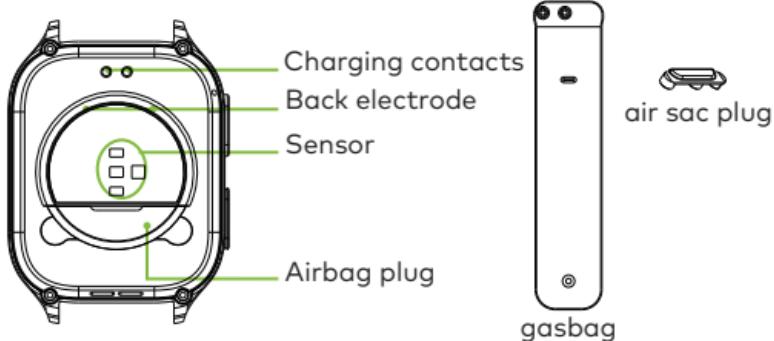
## Specifications

Model No.	GL-SWA65
Case Material	Metal Alloy
Strap	Silicone
Airbag Cuff	TPU Medical
Battery	530mAh
Display	2.06" AMOLED
Resolution	410*502

Bluetooth	V5.3
Storage	16Mb Flash
Sensors	Nonlinear
Pressure Range	60-240mmHg
Airbag Width	26 mm
Inflation Speed	60 sec
Charging Method	Magnetic
Charging Time	3 Hrs
Working Time	7-12 Days
Standby Time	30-40 Days
Waterproof	IP68
Product Weight	267 g
Product Dimensions	122*107*78 mm

## Product Components





## Charging Instructions

You need to charge the smart watch before using it for the first time. You can charge the smart watch by the magnetic suction area on the back, or plugging in the USB charging cable and connecting the other end to a compatible adapter or a computer USB port.

## Installing the App and Pairing

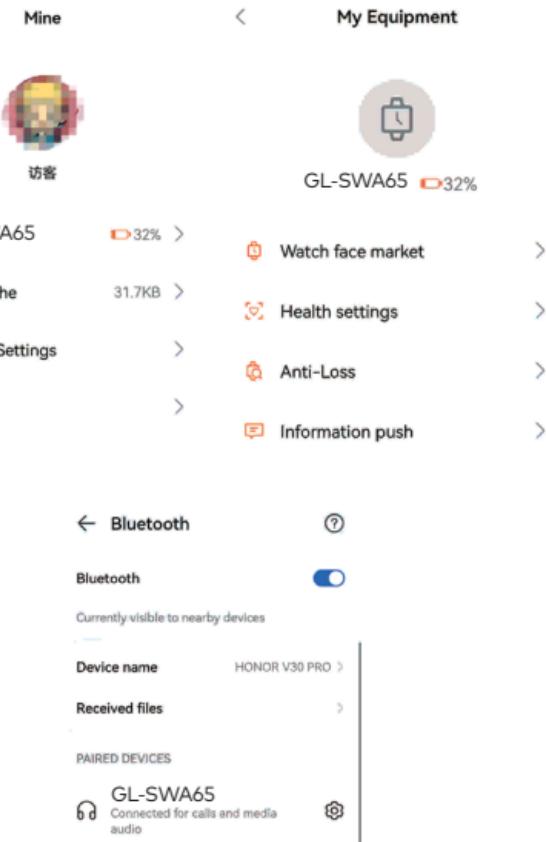
1. Scan the QR code below with your mobile phone to download the app.



2. Search for "HealthWear" in the App Store for iPhone, download, and install it. For Android phones, search for "HealthWear" in the Play Store to download and install.
3. Device requirements: iOS 12.0 or higher, Android 8.0 or higher, and supports Bluetooth 5.1.
4. Turn on the Bluetooth on both the mobile phone and the watch.

5. Open the Health Wear app, click My Device > Add Device. Select "GL-SWA65" from the list, and the watch and mobile phone will automatically bind, pair, and synchronize data.

6. To connect the Bluetooth call function, go to your phone's Settings > Bluetooth, search the list, and select the device for pairing.

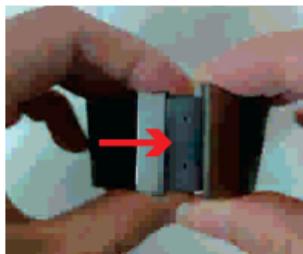


### Notes:

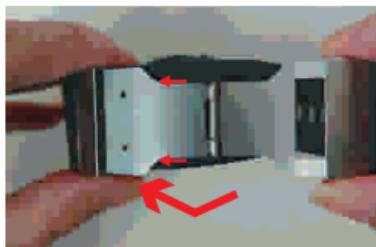
1. Turn on the media audio switch to enable the watch to play mobile media audio normally.
2. When the watch and app are connected for the first time, the time on the phone will be synchronized.

## Blood Pressure Measurement

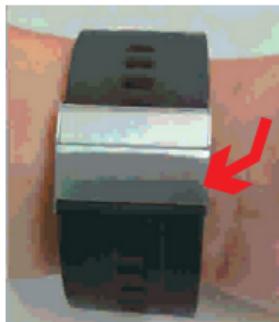
1. Pull up the automatic magnetic folding buckle.



2. Adjust the strap to the approximate size.



3. After adjusting to the approximate position, align the strap holes and press down the positioning buckle.
4. Wear the watch on your wrist and fold back the automatic magnetic absorption.



**Note:** If the fit feels too loose or too tight after adjusting, you can re-adjust it.

## Tips:

1. Accurate blood pressure measurements require a proper fit—not too loose or too tight. The inner ring must fit snugly around the wrist. Inaccurate wear may result in incorrect blood pressure measurements.
2. This product is a new generation of air pump blood pressure test, a multi-functional intelligent device. During the testing process, factors like wearing/shaking, mood, diet, and other conditions may affect the results. Please observe the following "Measurement Precautions" to avoid failed or inaccurate measurements:
3. Ensure the strap and airbag are worn correctly.
4. Confirm that the airbag and its connections are tight and that there is no leak.
5. Make sure the airbag is curled between the strap and wrist, with a loose and moderate fit.
6. Keep your arms and body still while measuring.
7. Remain quiet and avoid speaking during the measurement.
8. If the test fails or the data is incorrect, please confirm the above steps and wait 3 minutes before re-measuring.

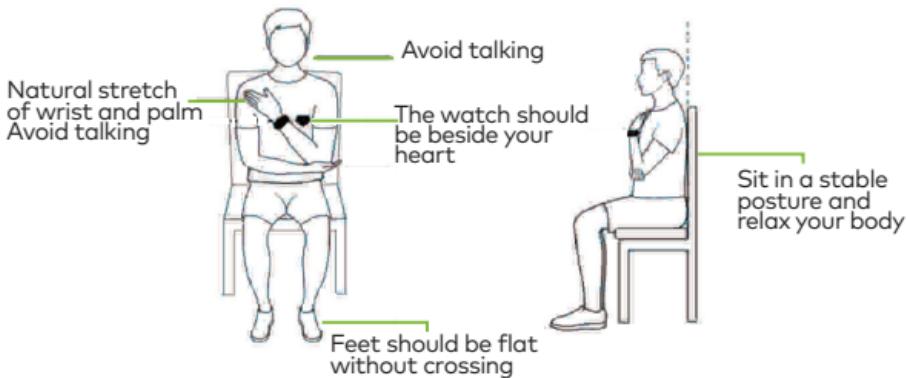
## Measurement Posture

The measurement posture refers to the position that must be maintained until the device displays the measurement result. Incorrect posture can affect the measurement. For accurate readings, it is recommended to sit still for at least 5 minutes before taking the measurement. The standard measurement posture is shown in the figure below:

- a. Keep quiet and avoid talking.
- b. The watch should be flush with the heart.
- c. Support the elbow.
- d. Sit in a stable posture and relax your body.
- e. Feet flat on the floor without crossing your legs.

## Note:

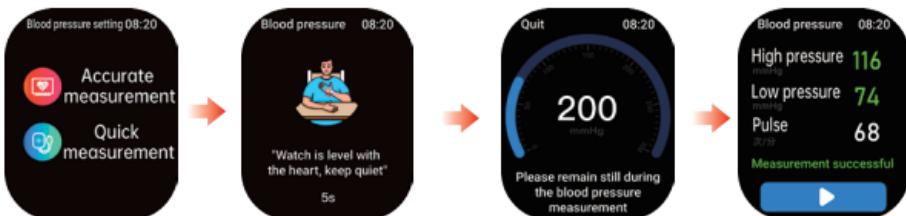
If the watch does not use an airbag, the airbag plug should be secured and worn on the hand. In this case, ensure the watch is tightly sealed on your wrist to prevent water from entering the device, as it may cause water ingress issues.



## Measurement Modes

You can choose between two measurement modes for blood pressure:

### 1. Accurate Measurement



### 2. Quick Measurement

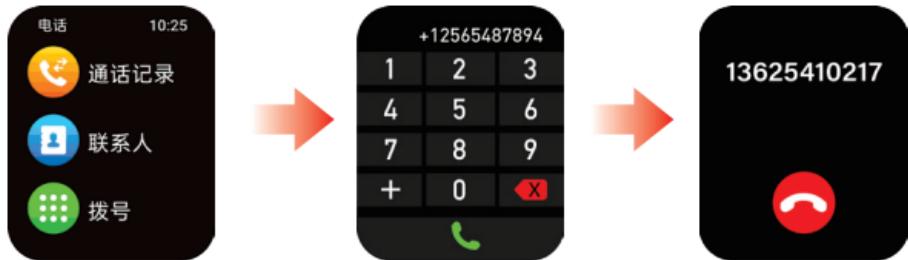
The photoelectric test method is a quick and easy way to test blood pressure. However, this data is for reference only and requires greater accuracy. For precise blood pressure measurements, please use professional testing methods.



## Smart Watch Features

### 1. Talking

When the watch is connected to the mobile phone, you can use the watch to dial and control the mobile phone to make calls. Calls from mobile phones can also be received on the watch.



### 2. ECG

Switch to the ECG interface and press the side electrode for a long time. Ensure the bottom electrode fully touches the skin for accurate testing. The test report should be viewed in the app.

Note: The test results are for reference only and should not be used as medical data.

#### a. ECG Test Conditions

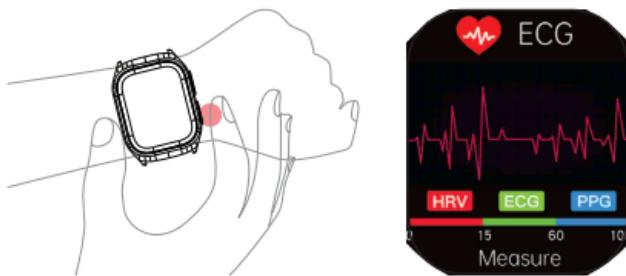
Because our product is a new generation of electrode heart rate testing devices, the heart rate and HRV reports from the bioelectrical analysis of the human body require certain conditions for conductivity. When the skin is relatively dry, the contact area needs to be either hardened or moistened with water to meet the test conditions (similar to how a hospital ECG test uses a "coupling agent" at the measurement site).

## b. ECG Test Method

Rest for more than 5 minutes in a quiet place before testing; do not eat, smoke, or consume caffeine or other drinks 2 hours prior to the test.

Maintain a comfortable sitting position during the test and stay in a steady state of mind; do not speak.

For the test, wear the bracelet on your left wrist. Then, gently make moderate contact with the right index finger and the bracelet electrode. Press the middle finger with the upper part of the bracelet so that the bottom of the test device contacts both electrodes at the same time. Do not press too hard on the electrodes.



## 3. Heart Rate

Switch to the heart rate test interface for real-time heart rate detection. Monitoring data can be updated to the app simultaneously, and test reports are available.



## 4. Blood Oxygen

Switch to the blood oxygen test interface to enter real-time blood oxygen detection. Monitoring data can be updated to the app simultaneously, and test reports are available.



## 5. Body Temperature

Switch to the temperature test interface to access real-time temperature detection. Monitoring data can be updated to the app simultaneously, and test reports are available.



**Note:** When testing body temperature, the bottom part of the temperature sensor must be fully exposed to the skin (wear for 10 minutes after starting the test). The body temperature test may be affected by environmental temperature differences and should only serve as a warning reminder. Please use professional equipment and consult a doctor for a proper diagnosis.

## 6. Sport Mode

Click on the Sport Mode interface to enter Motion Mode, available in a variety of motion modes. Click on the motion icon to select the corresponding motion mode detection. Swipe up and down to switch modes, click Start calculation, and swipe right to exit the current motion mode.



## 7. Sleep

When you fall asleep, your watch automatically detects your sleep mode (deep sleep, light sleep, or awake), tracks your sleep duration, and calculates your sleep quality. Your sleep data is updated to the app simultaneously.



**Note:** Sleep data is only available if you fall asleep while wearing the watch.

## 8. Weather

The weather page displays information about the current weather and air quality. Weather information must be connected to the client before it can be obtained, and it cannot be updated if disconnected for a long time.



**Note:** The watch is not connected to the app before the weather interface. To access the weather, reconnect the app after selecting the weather interface, and ensure the phone's positioning is turned on.

## Special Instructions:

This product is not a medical device, and the measurement results are for reference only and should not be used as medical data. Please follow the doctor's guidance and do not self-diagnose or treat based on the test results.

## Precautions

1. Do not use an adapter with a charging voltage greater than 5V or a charging current greater than 2A for 2-3 hours.
2. Do not charge the device if it is exposed to water stains.
3. This product is an electronic monitoring device, not a medical reference. Measurement data is for reference only.
4. Keep the surface of the blood pressure watch clean and tidy, which helps to extend the life of the device.
5. This product is not waterproof. Please do not wear it while immersing it in water, swimming, bathing, or subjecting it to conditions that could cause moisture to enter the watch.

## Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.

## Warranty

Products that you buy directly from our **Green Lion** website or shop come with a 24-month warranty.

When you buy **Green Lion** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at <https://www.greenlion.net/warranty> and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:

<https://www.greenlion.net/warranty>

## Contact Us

If you have any questions about this Privacy Policy, please contact us at:

Website: <https://www.greenlion.net/>

Sales: [sales@greenlion.net](mailto:sales@greenlion.net)

Service Support: [Support@greenlion.net](mailto:Support@greenlion.net)

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