



GREEN LION



Green Lion

**MULTIFUNCTIONAL
MASSAGE GUN**

SKU: GNMLTFMGNBK

Model No: GMG-05

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Lateral Massage



Percussion Massage

We have now created the Vibrating body massager, which provides both LATERAL & PERCUSSION massage in ONE device. A fantastic value.



What's Included

Percussion Massager with 5 Massage Heads:

Round Head

Flat Head

Arrow head

Dual Head

Vibrating Belt Head

Extension Handle

USB-C Charging Cable



Benefits

Mobility & flexibility

Pre-workout warm-up

Post-workout recovery

Sore muscle relief

Improved blood circulation

Enhanced athletic performance

Joint pain relief

Myofascial release

Trigger point massage

Increased relaxation

Introduction

Your new massager is the portable solution for your personal fitness, relaxation, and physical therapy needs. Multi-level percussive frequencies penetrate deep into muscles and fascia (connective tissue) to help provide long-lasting pain relief, decrease tension, improve blood circulation, and reduce inflammation. It can relieve tension, stiffness & pain with a powerful side-to-side vibrating belt. And converts to a percussion gun, equipped with 5 head attachments to target specific areas of your body for a personalized recovery.

Multipurpose Performance and Power

- a. Elevate Your Workouts: Reduce muscle tension, improve flexibility, and reduce your chances of injury.
- b. Recover Faster and Better: Decrease inflammation, loosen tight joints, and break down scar tissue.
- c. Relieve Your Pain: Effectively treat trigger points, sore muscles, and chronic pain caused by tendinitis, bursitis, carpal tunnel, and more.
- d. Relax More: Boost your circulation and immune function, reduce stress levels, and get better sleep.

NOTE: Please consult with your doctor or physician before using the massager if you have any injuries or medical conditions that may be of concern. This is not a medical device.

Total Body Fitness & Recovery

The Separable Vibrating Massager is an absolute game changer in rehabilitation and sports performance. Percussive massage therapy is proven to significantly boost athletic performance and reduce muscle soreness. The benefits are for everyone, from office and labor workers to professional athletes, weightlifters, and endurance athletes.

Specifications

Model No.	GMG-05
Material	ABS
Motor	775 Brushed Motor
Battery	1500mAh

Power	25W
Voltage	7.4V
RPM Range	2400-3300
Noise Level	<60 dB
Charging Port	Type-C
Charging Time	3-3.5 Hrs
Working Time	2.5-3 Hrs
Auto Timer	15 Mins
Product Dimensions	50*140*170 mm
Product Weight	1.02 kg

Safety Instructions

1. This device is intended for adult use only.
2. Do not use the massager directly on bare skin. Always cover the area with clean clothing or a dry towel to avoid injury.
3. Gently press and move the massager; avoid massaging the same area for more than 60 seconds.
4. Use high speed only on soft body tissue. Do not apply high speed or pressure to the head, bones, or joints.

5. Always select the appropriate massage head or belt for the intended body area.
 6. Excessive pressure or frequent use may cause skin irritation or abrasions. Stop use immediately if you experience pain or discomfort.
 7. Do not submerge the massager in water or allow any liquids to enter its vent openings.
 8. Do not modify or alter the device in any way.
 9. Do not charge or leave the device on while unattended.
- WARNING:** Avoid using the device to massage an injured area without consulting your doctor first.



Conversion To Percussion Gun

Select the massage head you would like to use and insert the connecting end of the massage bit into the massager stem. Snap on percussion tips to target soft tissue. PERCUSSION VIBRATION breaks up adhesions and muscle knots and works best on muscles and soft tissue, not joints or bone. Whereas LATERAL VIBRATION can be applied to any body part, hard or soft.



Using The Vibrating Belt

VIBRATING BELT reaches every body part, from head to toe. Powerful lateral (side to side) vibration can be applied to soft tissue and muscles, as well as hard tissue like joints and bones. Length adjusts for a comfortable massage in any position.

1. Thread the braid belt in the belt massage head and stick it up and insert the connecting end of the belt massage bit into the massager stem.
2. To turn the unit ON, press the ON/OFF button for 3 seconds.
3. Each press of the power button will increase the speed of your massager up to level 12 max. The LED lights on the massager will indicate the intensity level.
4. Press again to stop the massager and to turn it OFF.
5. Press and hold the power button for 3 seconds at any point to turn the massager OFF.
6. The massager will automatically turn OFF after 15 minutes of continuous use.
7. To remove the belt head, firmly press both buttons on either side of the head and pull it out.

Charging Instructions

1. The battery should be fully charged before use.
2. To charge the battery, plug the USB-C cable into the charging port and the other end into a USB power source.
3. The LED will flash while charging and will turn solid white once fully charged.
4. The average running time of the massager is up to 180 minutes, depending on speed and pressure levels.

NOTE: Some USB-C to USB-C cables are not compatible with the We Total Body Massager. Use a USB-A to USB-C cable instead.

Massage Heads



1. Round Head

Multipurpose,
Use for large
and small muscles



2. Dual Head

Effective for trigger points,
neck, and the lower back



3. Arrow Head

Suitable for
impacting deep
tissue and
thicker muscle.



4. Flat Head

Great for full body
massages and
relaxation

Versatile Massaging

a. Versatile Precision Therapy

One vibrating belt and four massage heads to target specific areas of your body, ensuring specialized recovery and relief.

b. Extension Handle

An extended massager for back massage by yourself.



Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.

Warranty

Products that you buy directly from our **Green Lion** website or shop come with a 24-month warranty.

When you buy **Green Lion** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at <https://www.greenlion.net/warranty> and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:
<https://www.greenlion.net/warranty>

Contact Us

If you have any questions about this Privacy Policy, please contact us at:

Website: <https://www.greenlion.net/>

Sales: sales@greenlion.net

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