

PORODO
LIFESTYLE



Porodo Lifestyle
FRESHMIX
PORTABLE BLENDER

SKU: PDLFST204BK

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Product Overview

The Porodo FreshMix Portable Blender offers a convenient and efficient way to blend fruits and vegetables effortlessly. With a high-performance 20,000 RPM motor, it delivers high-speed blending in just 40 seconds. The blender features a convenient straw design, allowing you to drink your freshly blended beverages directly from the container, while the durable stainless steel blades ensure smooth and consistent blending. Crafted from high-quality 304 stainless steel, these blades provide long-lasting durability. The blender has a 460ml capacity, making it the perfect size for quick smoothies or shakes.

Specifications

Input	5V/1A
Battery Capacity	4000mAh
Charging Interface	Type-C
Rated Power	5W
Motor Speed	20000RPM
Recharge Time	3H
Blending Time	40 Seconds Per Cycle
Bottle Capacity	460mL
Bottle Material	PCTG Food Grade

Blade Material	304 Stainless Steel
Product Size	95x95x220mm
Model Number	LFS204

Precautions

1. Keep this product out of the reach of children and do not allow them to operate it.
2. Use this product only for its intended purpose.
3. Avoid immersing this product in water or any other liquid.
4. Do not use boiling water for cleaning.
5. For safety, do not disassemble the product without authorization. If any issues arise, contact the manufacturer for repair. Ensure the juicing cup is properly installed before operating the machine.
6. Exercise caution when emptying and cleaning the container, as the blade is very sharp and can cause injury. Wearing gloves is recommended.

First Use

1. Before using the product, clean the juicing cup and the blade on the main unit with detergent, then dry thoroughly.
2. Ensure that the battery is fully charged for the first use. This product is equipped with double safety protection. If the host is placed alone or the juicing cup is not rotated and securely installed, the product will not work. The light will flash blue and red for 3 seconds before turning off. After rotating and fixing both the host and the juicing cup, double-click the "power switch" to start the unit. When working, the light will turn blue.

Usage Guide



Step 1: Open the lid of the blender.

Step 2: Put the fruit into the blender (it is recommended to cut the fruit into 0.6 inch pieces and put in enough amount to take 20% of the blender capacity).

Step 3: Pour in milk or water (after adding the milk only 60% of the blender capacity should be filled, and it must not exceed the MAX line).

Step 4: After tightening the lid and aligning the arrows with the circle, double-click the switch to start the blender.

Step 5: After slowly turning the juicing cup over, shake the blender to make sure the fruit is completely mixed with the milk.

Step 6: Drink directly, or pour into a glass, or insert a straw, drink, and enjoy your meal.

Recommended Healthy Recipes

1. Honey and Milk Juice

Ingredients: 1 tablespoon of honey, 100 grams of milk, 1 banana, and half an apple.

Preparation: Peel and core the banana and apple, then cut them into small pieces. Combine the milk, honey, banana, and apple in a juicer to extract the juice.

2. Tomato and Lemon Juice

Ingredients: 1 tomato, 2/1 lemon.

Directions: Juice the lemon first and set aside. Then juice the tomato and mix together for a refreshing drink.

3. Cucumber Kiwi Juice

Ingredients: 200 grams of cucumber, 50 grams of kiwi, 200 ml of cool boiled water, two small spoons of honey.

Directions: Wash the cucumber and remove the seeds, leaving the skin on. Cut into small pieces. Peel and cut the kiwi into pieces. Add both to a juicer, pour in the cooled boiled water, and stir. Add honey and drink an hour before meals.

4. Apple and Radish Juice

Ingredients: 1 apple, half a carrot, 150 grams of milk, and a little honey.

Preparation: Wash the carrot and apple, peel and core the apple, then cut them into small pieces. Put them into a juicer to extract the juice, then add milk and honey, and mix well.

5. Banana Watermelon Milkshake

Ingredients: 1 banana, 1 small piece of watermelon, 1 cup of yogurt, and ice cubes.

Production: Pour the banana and yogurt into a blender and mix. Break the ice cubes, and put half of the ice with the banana paste into the blender. Mix well, then pour the rest of the ice into the banana paste and blend the watermelon into juice. Pour into a glass.

Recommended Fitness Recipes

1. Whole Food Shake

a. Ingredients:

600ml mixing glass

1.5 cups frozen pineapple

4 ice cubes

½ cup freshly squeezed orange juice

¼ cup light coconut milk

¼ cup 100% pomegranate juice

2 tablespoons vanilla extract or egg white nutritional powder

b. Nutrition Facts:

467 calories, 46g protein, 59g carbohydrates, 8g fat

Note: To be consumed after workout.

2. Blueberry Cold Drink

a. Ingredients:

1 cup frozen blueberries

6 ice cubes

1¼ cups unsweetened vanilla almond milk

¼ cup oats

2 tablespoons vanilla syrup or egg white powder

3 tablespoons acai powder

2 tablespoons agave syrup

b. Nutrition Facts:

514 calories, 49g protein, 54g carbohydrates, 12g fat

Note: Consume 30–60 minutes prior to workout.

3. Peach Milk Shake

a. Ingredients:

2 cups peaches

¼ cup fat-free Greek yogurt

½ cup orange juice

2 tablespoons vanilla syrup or egg white powder

b. Nutrition Facts:

430 calories, 52g protein, 49g carbohydrates, 3g fat

Note: Drink immediately after workout.

4. Strawberry Shake

a. Ingredients:

1.5 cups of frozen strawberries

1 tablespoon 100% dried strawberries

1 cup unsweetened vanilla almond milk

2 tablespoons cookies & whey nutritional powder

b. Nutrition Facts:

378 calories, 46g protein, 37g carbohydrates, 6g fat

Note: Can be used as a meal replacement and consumed at any time.

5. Sour Shake

a. Ingredients:

2 cups frozen strawberries

1 cup grapefruit juice (use Vitamix to put fresh pulp directly)

½ cup fresh-squeezed lemon juice

2 tablespoons vanilla extract or egg white powder

6 ice cubes

b. Nutrition Facts:

433 calories, 47g protein, 61g carbohydrates, 3g fat

6. Black Forest

a. Ingredients:

1½ cups frozen cherries

1 cup spinach

1 cup unsweetened vanilla or chocolate almond milk

2 tablespoons of chocolate or egg white nutritional powder

b. Nutrition Facts:

405 calories, 49g protein, 43g carbohydrates, 7g fat

Cleaning and Maintenance

1. Ensure that the blades have stopped running before cleaning.
2. Do not use steel balls, abrasive cleaners, or corrosive liquids (such as gasoline or acetone) to clean this product.
3. The internal head part can be cleaned quickly with water. After cleaning, dry it promptly. Do not soak it in water or other liquids.
4. When storing, ensure that the product is clean and dry. Place it in a dry, ventilated area away from direct sunlight.

Charging Instructions

Use the original Type-C charging cable. The charging process will show a blue light. If the power is low, a red light will appear, indicating that the product is not starting to charge.

NOTE: To meet transport requirements, the juicing cup is shipped with only 60% battery power. It is recommended to fully charge the product before the first use to ensure optimal battery life.

Troubleshooting

1. The product does not start, and a red light is flashing

Cause: The host is not tightened, and the arrow is not aligned with the circle.

Solution: Ensure the arrows are tightened and aligned with the dots.

2. Unable to turn on

Cause: Low or no battery power.

Solution: Try charging with the original Type-C charging cable.

3. Automatic shutdown during use

Cause: Too little liquid or fruit, or the machine has been running for 40 seconds.

Solution: Bring liquids or fruit to the required capacity, then restart the machine.

4. The blade stops working and blinks when working

Cause: Fruit particles are too large.

Solution: Cut the fruit into small pieces as per the instructions and restart.

5. Water leak

Cause: The silicone ring on the motor is not installed properly or is loose.

Solution: Reinstall the silicone ring correctly.

6. Burnt smell

Cause: Continuous use for too long.

Solution: Restart the machine after the main body has cooled down for 30 minutes.

7. Flashing purple light

Cause: The product is nearing the end of its mixing cycle.

Solution: Mixing has been completed.

Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.



Warranty

Products that you buy directly from our **Porodo** website or shop come with a 24-month warranty.

When you buy **Porodo** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at <https://www.porodo.net/warranty> and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:

<https://www.porodo.net/warranty>

Contact Us

If you have any questions about this Privacy Policy, please contact us at:

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