



**GREEN LION**



**Green Lion**  
**FLORA HEAT**  
**Menstrual Heating Pad**

SKU: GNFLRHTPDPK

Model No: GL-MP25

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## Overview

The Green Lion Flora Heat Menstrual Heating Pad provides quick relief from menstrual discomfort with four heating modes, vibration settings, and a 3-second heat-up time. It features a skin-friendly, plush fabric and an adjustable belt (120–70 cm). The intelligent digital display allows easy control, while the 30-minute auto shut-off ensures safety. With up to 3 hours of continuous use, it offers soothing comfort when you need it most.

## Specifications

Material	ABS + Plush Fabric
Battery Capacity	2500mAh
Power	0.5W 5V
Heating Time	3-10 Sec
Heating Modes	4 Levels
Heating Temperature	50°C - 55°C - 60°C - 65°C
Vibration Modes	4 Levels
VPM Range	5000-8000 VPM
Adjustable Belt	70-120 cm
Noise Level	20-40 dB
Charging Port	Type-C
Charging Time	3 Hrs
Working Time	3 Hrs

Auto Off	30 min
Product Weight	220 g
Product Dimensions	200 x 90 x 20 mm

## Instructions

### A. Functional Features

Machines using graphene heating technology with three temperature settings:

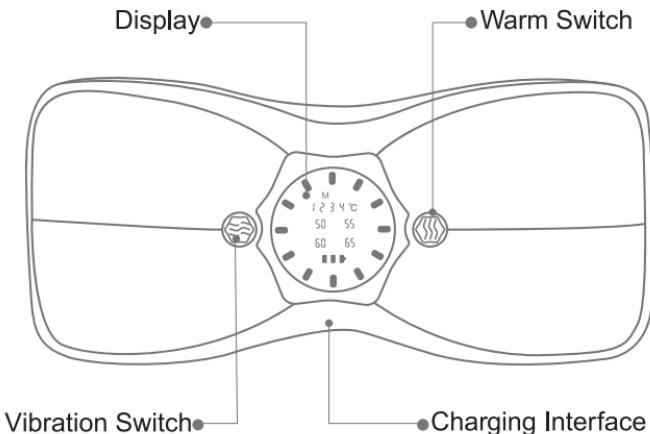
122°F (50°C) for daily warming

131°F (55°C) for period relief

140°F (60°C) for cramps and pain

149°F (65°C) for cramps and pain

Also includes vibration massage



### B. Vibration Switch

Hold for 2 seconds to activate the temperature function. Press briefly to switch modes. Hold for 2 seconds to deactivate.

## C. Warm Switch

Hold for 2 seconds to activate the temperature function. Press briefly to change modes. Hold for 2 seconds to deactivate.

## D. Charging

1. Before using the heating pad for the first time, make sure to fully charge it.
2. To charge, plug the charger into an outlet and connect it to the charging port.
3. The indicator will flash red while charging and turn solid green when fully charged.
4. For safety, the heating pad will not operate while charging.
5. To maintain optimal performance, recharge the heating pad at least once every 2 months if not used regularly.

## Safety Instructions

1. Avoid using the product while sleeping.
2. Keep away from fire and corrosive liquids, especially in harsh environments.
3. Do not keep the product in the same position for extended periods. Regularly check your skin condition, and if any abnormalities occur, remove it immediately.
4. Pregnant women should not use this product.
5. This product is not suitable for individuals with cervical tumors.
6. Individuals experiencing gout flare-ups or those who haven't fully recovered from gout should avoid using it.
7. Those with gravity or heart disease should refrain from using this product.
8. It should not be used by individuals with unhealed skin wounds or skin abnormalities.

## Maintenance

1. Always store the heating pad in a safe, cool, and dry location when not in use.
2. Unplug the heating pad before cleaning. Wipe it with a soft, damp cloth and non-abrasive cleaners. If needed, clean with a sterilizer.
3. Do NOT submerge the heating pad in water or any other liquid.
4. Avoid using harsh solvents or detergents.
5. Do NOT attempt to repair the heating pad. It contains no user-serviceable parts.
6. DO NOT dispose of the heating pad in landfills. It contains a lithium-ion battery and other electrical components, which are classified as hazardous E-waste.

## Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.



## **Warranty**

Products that you buy directly from our **Green Lion** website or shop come with a 24-month warranty.

When you buy **Green Lion** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at <https://www.greenlion.net/warranty> and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:

<https://www.greenlion.net/warranty>

## **Contact Us**

If you have any questions about this Privacy Policy, please contact us at:

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