



Green Lion

Track Fit Smart Watch

SKU:GNTRAKFITS
Model No: GL-SWA51

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Compatibility Guide

Android 5.0 and above mobile phones

iOS 9.0 and above mobile phones

APP Download Method

1. iOS/Android phone users: Scan the QR code above to download and install the application.
2. Android: Search for "LaxasFit" through the software application store to download and install the application.
3. Apple: Search for "LaxasFit" through the App Store to download and install the app.



Initial Use

1. To ensure the normal use of the watch, please charge it first.
2. The wireless charging magnetic suction cup, with power connected, should be aligned with the magnetic suction cable on the back of the watch.



Watch and App Connection

1. During the APP installation process, ensure all permissions are granted. Both the watch and the mobile phone must be connected to the APP and the mobile phone's Bluetooth to enable all functions.
2. App Connection Method: Open the APP and turn on your mobile phone's Bluetooth. The APP will prompt you to enable notifications; click to confirm. Then, tap "Add Device," search for the device name (GL-SWA51), and click "Connect" to pair with the watch.
3. Mobile Phone Bluetooth Connection: Make sure Bluetooth is enabled on the watch. On your phone, go to the Bluetooth settings, search for the watch's Bluetooth device name, and click "Connect" to pair.
4. Common Bluetooth Issues and Solutions: Due to variations in Bluetooth protocols among mobile phone brands, the connection between the phone and watch may sometimes be unstable. If this occurs, try turning off Bluetooth on your phone and reconnecting. Alternatively, reset the watch to factory settings. If the watch is unresponsive, press and hold the power button for 10 seconds to restart it.
5. How to Verify a Successful Bluetooth Connection: When the Bluetooth icon appears in the upper left corner of the main menu, it indicates a successful connection. You can also click on the watch to find your phone or enter the APP to find the watch. If there is a vibration, it confirms that the Bluetooth connection was successful.
6. Incoming Call Notifications: If the watch does not notify you of incoming calls or messages from other applications, go to your phone's settings > Notification Settings. Make sure the corresponding applications are enabled to send notifications to your device.

















Watch Operating Instructions















Power on key: Wake up/off the screen and press to turn on/off.

Clock interface: Slide left and right to enter the style or card function, and slide up and down to enter the shortcut menu or message notification.



Watch Function Introduction

 Standby Interface	Enter the standby interface.
 Dial Pad	Connect to the mobile phone to dial out via Bluetooth, and you can make a call on the watch side
 Contact	After the bracelet is successfully connected to the app, you can add a contact in the app. After the contact is successfully added, the phone book of the bracelet will be displayed synchronously. Click the contact in the phone book on the bracelet to make a call. (Note: The bracelet needs to connect to the mobile phone via Bluetooth.)
 Call Record	Connect to the mobile phone to dial out via Bluetooth, and you can make a call on the watch side
 Information	The content of the message push can be displayed, such as: QQ, WeChat, etc. (The system above IOS12 will block SMS reminders by default).
 Movement	Enter the sports mode (running, rope skipping, cycling, mountain climbing) selection interface, click again to start the data monitoring of the corresponding sports mode: exercise time, distance, calories burned, and heart rate data.
 Sports Record	Record all exercise data.
 Pedometer	Calculate your step count data for the day, clear the data at 00:00 in the morning, and view it in the app.
 Sleep Monitoring	Turn on sleep detection to monitor the quality of sleep while sleeping.
 Sedentary Reminder	Set the sedentary time, the bracelet will vibrate when the time is up, and the interface will display a reminder.
 Heart Rate	Put the watch close to your wrist, and the best place to wear it is on the upper arm of the wrist bone. The real-time heart rate can be measured. The normal value of the average person is 100-60 beats/min.
 Factory Reset	Reset your bracelet equipment and clear all bracelet information.
 One-click Connection	Bluetooth connects to the mobile phone, APP reminder click to connect to help.
 Bluetooth Camera	When the phone is not locked, and when the app interface is opened, the watch enters the Bluetooth camera. The phone will automatically pop up the camera interface. Shake the watch to take a photo, the phone will take a photo and store it on the phone. Or open the app, enter the remote control selfie, and the phone will pop up the camera interface. Then shake the watch to take pictures according to the action
 Bluetooth Music	Control to play music in the phone.
 Find the Phone	When the watch is connected to the mobile phone, click on the watch to find the mobile phone. Long press the magnifying glass icon, and the mobile phone will ring

 Weather	Display the current weather temperature in degrees.
 Stopwatch	Start stopwatch timing and end timing.
 Alarm Bell	You can set a custom alarm clock on the app, and the watch will vibrate to remind you at the point
 Settings	Vibration off and on, and volume adjustment can be set.
 Style	You can set and change the UI style.
 About	Display the MAC serial code, Bluetooth name, and version number of this device.
 Brightness	You can set the brightness size and backlight off time.
 QR Code	QR code downloaded by mobile app.
 Reset	Let your device reset and clear data, such as pedometer, sleep, etc.
 Breathing Screen Clock	Let your device reset and clear data, such as pedometer, sleep, etc.
 Language	After connecting to the app, you can set the language on the app side, and the language can be synchronized to the watch afterward; or switch the language on the watch side, that is, it will also be synchronized to the app side
 Dial Push	Enter the app end dial function, you can view your dial and local dial; you can also push DIY dials and dial mails to the watch end.
 Water Reminder	The watch reminds you to drink water at set intervals.
SOS SOS	Turn on the SOS switch in the watch settings, then slide to make a call.
 Cover the Hand Screen	Click the setting interface of the watch to turn on the switch of the overhand screen, and the watch will turn off the screen when the hand cover is put on the watch.

Precautions for Use

1. Not suitable for bathing and swimming.
2. Please connect the watch when synchronizing data.
3. Use the built-in charging cable to charge.
4. Do not expose the watch to high moisture, extremely high or extremely low temperatures for a long time.

Watch Maintenance

1. Do not scratch the sensor, protect it from damage.
2. You can wipe the surface of the watch with a damp cloth, and use mild soap and water to remove oil or dust.
3. Do not expose the watch to an environment with strong chemical substances, such as gasoline, cleaning solvents, propane, alcohol, or insect repellent. Chemical substances will damage the sealing of the watch and the surface of the case.
4. Avoid your watch from being exposed to strong shocks and extreme heat exposure. This product does not support IP68 waterproof, does not support rain, hand washing, swimming wear, hot showers or saunas, etc., cannot be worn, and cannot prevent water vapor. If the watch is damaged due to water ingress caused by use in violation of the instructions, our company will not provide a free warranty.

Troubleshooting

1. Can't Find the Watch?

Answer: If the watch cannot be found, it may be because the Bluetooth broadcast of the watch has not been detected by the mobile phone. Please ensure that the watch is powered on, activated, and not connected to another phone. Move the watch closer to the mobile phone and try searching again. If it still doesn't work, turn off the Bluetooth on your phone and turn it back on after 20 seconds to initiate a new Bluetooth search.

2. Is the Bluetooth Connection Always On? Will There Be Any Data if It Is Turned Off?

Answer: Before data synchronization, exercise and sleep data will remain on the watch. Once the Bluetooth connection between the phone and the watch is successful, the watch will automatically upload data to the mobile phone. However, the watch can only store

data for about one week. Once the memory is full, the oldest data will be overwritten by the latest data. Therefore, it is important to sync your watch with the phone in a timely manner.

Note: If the call and SMS reminder function is enabled, the Bluetooth connection must remain active. The alarm clock reminder function is supported offline.

3. What Should I Do if the Watch Cannot Be Charged?

Answer: Ensure that the charging stand is properly aligned with the watch and that the charging clip is in good contact with the charging points on the watch. If the watch's battery is below 3.6V, there will be a brief pre-charging period.

Note: The watch will enter charging mode immediately when the charger is plugged in. If there is no display, please allow the watch to charge for 3 to 5 minutes to activate the charging state.

4. Will Wearing the Watch for Long Periods Cause Harm to the Human Body?

Answer: The radiation emitted by the device is well below the FCC standard in the United States and is considered negligible. Long-term wearing of the watch will not cause any radiation damage to the human body.



Specification

Model No	GL-SWA51
Case Material	Plastic
Strap Material	Silicone
Battery	180mAh
Display	1.45" TFT IPS
Resolution	170*320
Brightness	344 nits
Bluetooth	V5.2
RAM	125KB
ROM	16MB
Charging Type	Magnetic
Charging Time	2-3 hrs
Working Time	3-5 days (10 days standby)
Waterproof	IP65
Product Weight	25g
Product Dimensions	44.826.7211.5 mm

Disposal



Do not dispose of discarded electrical appliances as unclassified urban waste. They should be handed over to an officially designated recycling center, which is beneficial for environmental protection.

Warranty

Products that you buy directly from our **Green Lion** website or shop come with a 24-month warranty.

When you buy **Green Lion** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at <https://www.greenlion.net/warranty> and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:
<https://www.greenlion.net/warranty>

Contact Us

If you have any questions about this Privacy Policy, please contact us at:

Website: <https://www.greenlion.net/>

Sales: sales@greenlion.net

Service Support: Support@greenlion.net

Telegram: [@greenlion_global](https://t.me/greenlion_global)

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