Green Lion

STRIVE Smart Watch

SKU: GNSTRSW

Model No: GL-SWA50

Table of Contents

App Installation

Scan the QR code above to download and install the application.
Android: Search for "LaxasFit" in the app store and install the application.
iOS: Search for "LaxasFit" in the App Store and install the application.
Compatibility: Android phones: Version 5.0 or above, iOS phones: Version 9.0 or above

Initial Use

1. To ensure optimal performance, please charge the watch before its first use.
2. Align the wireless magnetic charging suction cup with the magnetic charging area on the back of the watch for proper charging.

Pairing Instructions

1. Ensure all necessary permissions are granted during the app installation process. The watch must be connected to both the app and the mobile phone's Bluetooth to enable full functionality.
2. Open the app and enable Bluetooth on your mobile phone. The app will prompt you to enable notifications. Confirm the prompt, then tap "Add Device" to search for the watch. Once found, tap "Connect" to pair the devices.
3. Ensure Bluetooth is enabled on the watch. On your mobile phone, open Bluetooth settings, search for the "GL-SWA50" device name, and tap "Connect" to pair.
4. If the Bluetooth connection is unstable due to variations in Bluetooth protocols across phone brands, try turning off the Bluetooth on your phone and reconnecting. Alternatively, reset the watch to factory settings. If the watch is unresponsive, press and hold the power button for 10 seconds to restart it.

5. A circular Bluetooth icon in the upper left corner of the main menu indicates a successful connection. To search for the phone, tap the watch, or use the app to search for the watch. A vibration confirms the connection to the app.

6. If the watch does not display incoming calls or notifications from apps like WhatsApp or Facebook, go to your phone's notification settings. Enable notifications for the respective apps to receive alerts on the watch.

Operating Instructions

Power Button (Up Button): Press briefly to switch between Sport modes. Press and hold to turn the watch on or off.

Watch Interface: Slide left or right to access the functions or shortcuts. Swipe up or down to view the smart stack or check message notifications.

Swipe Up: Access quick motion shortcuts.

Up Button: Press briefly to enter Sport modes.

Swipe Left: Navigate between pages or access the card function.

Swipe Right: Access shortcut functions.

Down Button: Press to wake the screen or turn it off. Press and hold to turn the watch on or off.

Swipe Up and Down: View incoming message notifications.

Functions Guide

	Standby interface	The standby interface is activated.
	Dial Pad	Connect the watch to your mobile phone via Bluetooth to make calls directly from the watch.
	Contacts	Once the bracelet is successfully connected to the app, you can add contacts in the app. After adding contacts, they will sync with the watch's phone book. Tap the contact in the phone book on the watch to make a call. Note: The watch must be connected to the mobile phone's Bluetooth.
	Call Records	View the call records directly on the watch. Tap a phone number to dial.
	Messages/ Information	Message Notifications: Push notifications from messaging apps will be displayed on the watch. Note: On iOS 12 and above, SMS notifications may be blocked by default.
	Movement	Enter the sports mode selection screen (running, rope skipping, cycling, mountain climbing). Tap again to start monitoring data for the selected sports mode, including exercise time, distance, calories burned, and heart rate data.
	Sports Record	The watch will record all exercise data, and daily step count data is tracked. The data resets at midnight (00:00) and can be viewed in the app.
	Pedometer	Enable sleep detection to monitor the quality of your sleep.
	Sleep Monitoring	Set a sedentary time. The bracelet will vibrate when the set time is reached, and a reminder will be displayed on the interface.
	Sedentary Reminder	Set a sedentary time. The bracelet will vibrate when the set time is reached, and a reminder will be displayed on the interface.
	Heart Rate	Wear the watch close to your wrist, ideally above the wrist bone, to get the most accurate heart rate reading. The normal heart rate for an average person is between 100-60 beats per minute.
	Blood Pressure	Ensure the watch is properly positioned on your wrist, above the wrist bone, for accurate measurement. This allows for real-time blood pressure tracking. Normal adult diastolic pressure 60–80: mmHg, Normal adult systolic pressure 100–120: mmHg
	Blood Oxygen Monitoring	Position the watch securely above the wrist bone to measure real-time blood oxygen levels. The typical normal range is between 95 % and 100 %.
	Bluetooth Camera	With the phone's screen unlocked and the app open, the watch can control the phone's camera via Bluetooth. The phone will automatically display the camera interface. Shake the watch to take a photo, which will be saved directly to your phone. Alternatively, open the app and select remote selfie mode. Shake the watch again to capture a photo.

♪	Bluetooth Music	Control music playback on your phone directly from the watch.
🔍	Find the Phone	When the watch is connected to your phone, press the "Find My Phone" option on the watch. Hold the magnifying glass icon, and your phone will emit a ringtone to help you locate it.
☁	Weather	View the current temperature directly on the watch.
🕐	Stopwatch	Start and stop the stopwatch directly from the watch for easy timing of activities.
🔔	Alarm Clock	Set a custom alarm through the app. When the alarm time is reached, the watch will vibrate to notify you.
⚙	Settings	Adjust the vibration and volume settings directly from the watch's settings to meet your preferences.
☝	Turn Off the Screen	Enable the "Cover to Turn Off Screen" option in the settings. Simply cover the watch with your hand to turn off the screen.
🔳	Style	You can customize the user interface style of the device to suit your preferences.
i	About	The device will display its MAC address, Bluetooth name, and version number for easy identification.
🔆	Brightness	You can adjust the screen brightness and set the backlight timeout to control how long the backlight remains active.
🔲	QR Code	Scan the provided QR code to download the mobile application.
↻	Reset	Reset the device to erase all data, including step count, sleep data, and other user-specific information.
🔦	Flashlight	Activate the flashlight function to keep the watch screen illuminated in white.
🌐	Language	After connecting the device to the app, you can configure the language settings within the app, which will then sync to the watch. Alternatively, you can change the language directly on the watch, which will also synchronize with the app.
▽	Watch Face	Access the watch face functionality in the app to view your personal watch faces and local watch faces. You can also push DIY watch faces or purchase additional watch faces from the store and sync them with the watch.
🎮	Casual Games	Play the available game directly on the device.
🖐	Screen Off Clock	After enabling the screen-off clock, the watch will display the time even when the screen is turned off.
🔗	One-Click Connection	When the device is connected to a phone via Bluetooth, the app will prompt you to tap to establish the connection.
📱	Dynamic Island	Enable the "Dynamic Island" feature from the settings menu on the watch. Once activated, information will be displayed when you return to the watch face.

Precautions for Use

1. The watch is not suitable for bathing or swimming.

2. Ensure the watch is connected when synchronizing data.

3. Use the included charging cable to charge the watch.

4. Avoid exposing the watch to high moisture levels, or extremely high or low temperatures for extended periods.

Watch Maintenance

1. Avoid scratching the sensor and ensure it is protected from damage.

2. Use a damp cloth to wipe the surface of the watch. For oil or dust removal, apply mild soap and water.

3. Do not expose the watch to environments containing strong chemicals, such as gasoline, cleaning solvents, propanol, alcohol, or insect repellent. These substances can damage the watch's sealing and the surface of the case.

4. Protect the watch from strong shocks and exposure to extreme heat. This product is not water resistance and should not be worn during for activities such as rain, hand washing, swimming, hot showers, or saunas.

Common Problems

1. Unable to Find the Watch

Solution:

a. If the watch cannot be found by your mobile phone, it may be due to the Bluetooth broadcast from the watch not being detected.

b. Ensure the watch is powered on and activated, and that it is not connected to another mobile phone.

c. Move the watch closer to the mobile phone and attempt the search again.

1d. If the issue persists, turn off the Bluetooth on the mobile phone, wait for 20 seconds, then turn Bluetooth back on and search again.

2. Is the Bluetooth Connection Always Active? Will Data Be Lost if Bluetooth Is Turned Off?

Solution:

a. Exercise and sleep data will remain stored on the watch until it is successfully synchronized with the mobile phone.

b. When the Bluetooth connection is established between the watch and the mobile phone, the watch will automatically upload the stored data.

c. The watch has limited storage capacity, capable of storing Bluetooth data for approximately one week. Once the storage is full, the oldest data will be overwritten with new data.

d. It is recommended to regularly synchronize the watch with your mobile phone to avoid data loss.

Note: For call and SMS reminders to function, the Bluetooth connection must remain active. However, the alarm clock reminder feature supports offline functionality.

3. The Watch Will Not Charge

Solution:

a. Ensure the charging stand is properly aligned and the charging clip is making proper contact with the watch.

b. If the watch battery is below 3.6V, there will be a precharging period before the charging process begins.

Note: The watch will enter charging mode immediately after the charger is connected. If there is no display, allow the watch to charge for 5-3 minutes for the charging state to activate.

4. Is Wearing the Watch for Long Periods Harmful to the Human Body?

Solution:

The radiation emitted by the watch is well below the FCC standards in the United States, making it negligible. Long-term use of the watch will not result in any radiation-related harm to the human body.

█ Specifications

Model No.	GL-SWA50
Case Material	Zinc Alloy
Strap Material	Silicone
Battery	150mAh
Display	1.52" TFT IPS
Resolution	240*240
Brightness	800 nits
Bluetooth	V5.3
RAM	128K
ROM	16Mb
Charging Type	Wireless
Charging Time	2-3 Hrs
Working Time	3-5 Days(10 Days Standby)
Waterproof	IP65
Product Weight	48 g
Product Dimensions	48*48.2*2*13 mm

Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.

Warranty

Products that you buy directly from our **Green Lion** website or shop come with a 24-month warranty.

When you buy **Green Lion** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at **https://www.greenlion.net/warranty** and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:
https://www.greenlion.net/warranty

Contact Us

If you have any questions about this Privacy Policy, please contact us at:
Website: **https://www.greenlion.net/**
Sales: **sales@greenlion.net**
Service Support: **Support@greenlion.net**
Telegram: **@greenlion_global**
Instagram: **@greenlion_global**