

PORODO



Porodo

**NOMAD Smart Watch
with 1.54" Display**

SKU: PD-NOMAD

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App Instructions

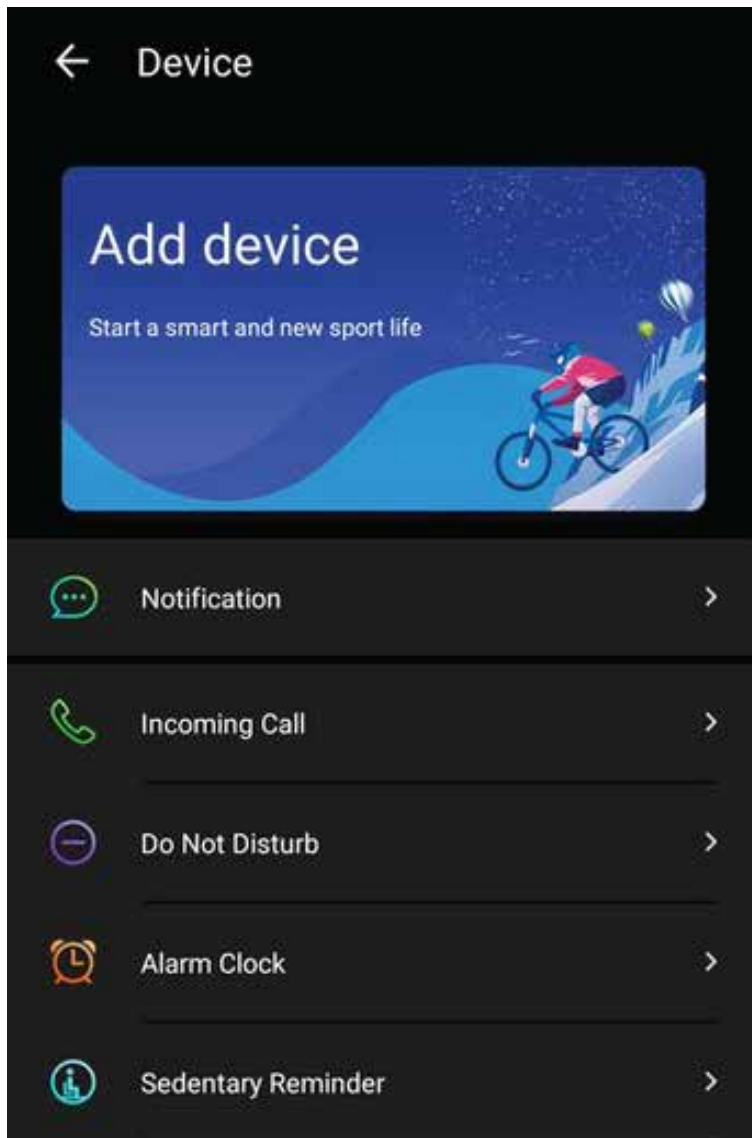
[A] Download

1. Download and install the Co Fit App.
2. Scan the QR code with your mobile phone to download the app.
3. For iOS devices, open the App Store and search for "Co Fit" app.
4. For Android devices, open Google Play Store, search for "Co Fit" app.



Note: Your mobile phone must support Android 5.1 or iOS 8.0 or above and Bluetooth 4.0 or higher.

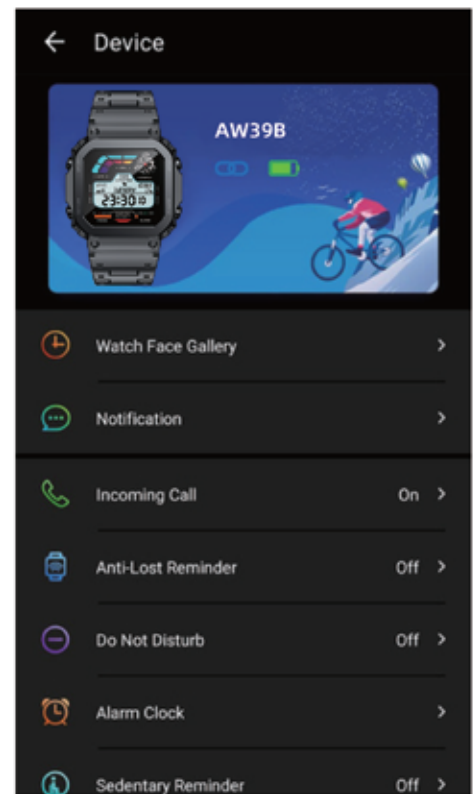
[B] App Connection



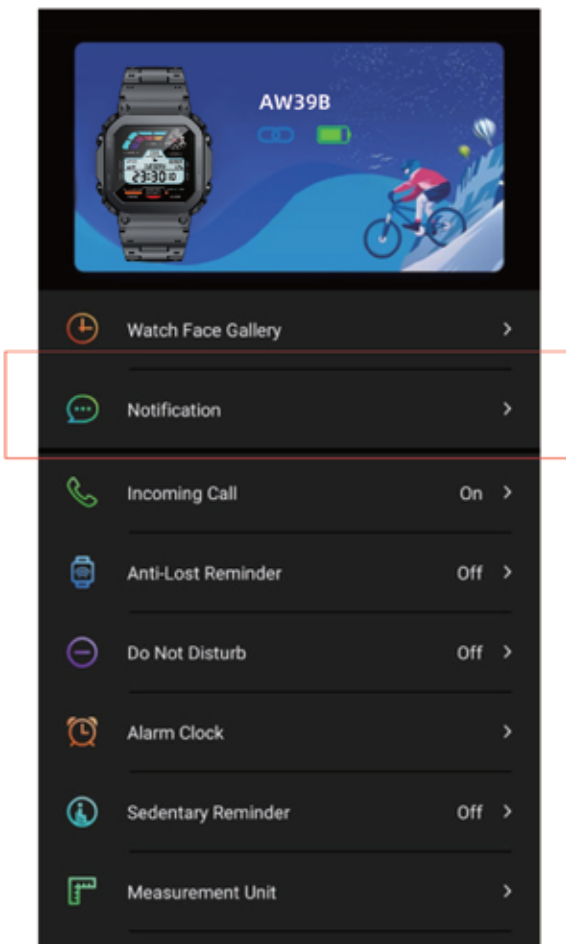
1. Click on "Add Device" to connect the smart watch.



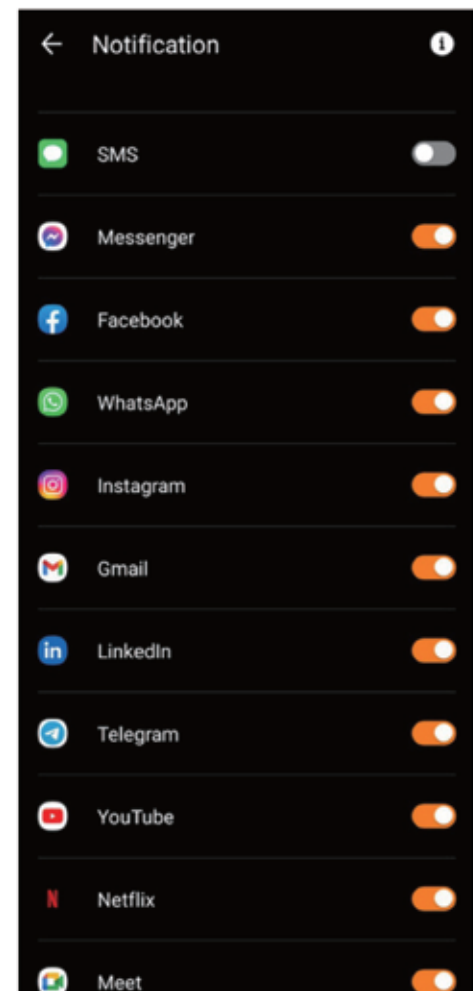
2. Select your device from the scanned list and connect it directly to the Android system.



3. Successfully connected



4. For both Android and iOS, click on the Notifications tab in the DaFit app.

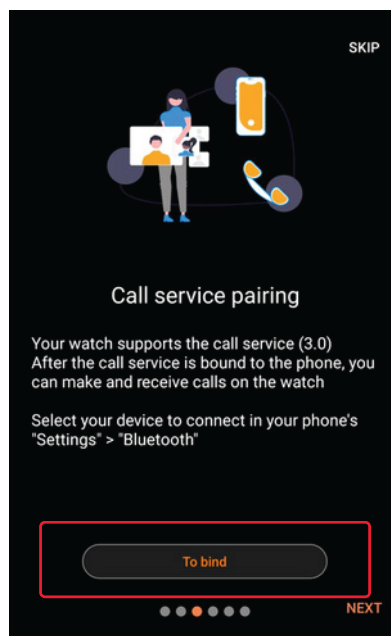


5. Enable all notifications for easier use.

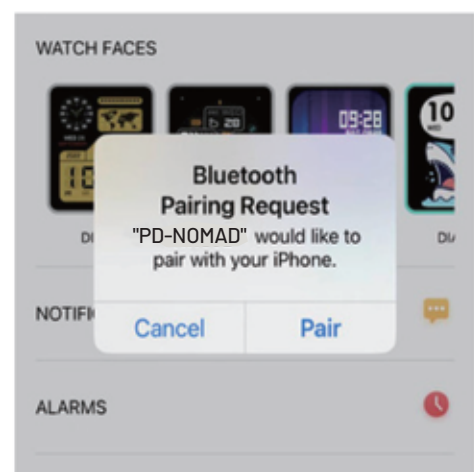
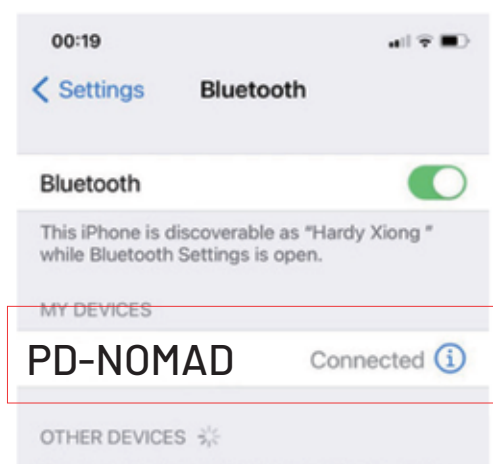
Bluetooth Call Instructions

This watch includes a Bluetooth calling feature, allowing users to make calls without needing to access their phone. You can also view the call log directly on the watch. Ensure the connection between the watch and phone remains stable when using the Phone Call function. The watch is equipped with a built-in microphone and speaker, making it easy to talk directly through the watch and listen to music, phone calls, and other notifications.

Step 1: After connecting the watch to the Co Fit App, you will receive a notification on your phone to connect for Bluetooth Calling. Tap on "To Bind" as shown below.



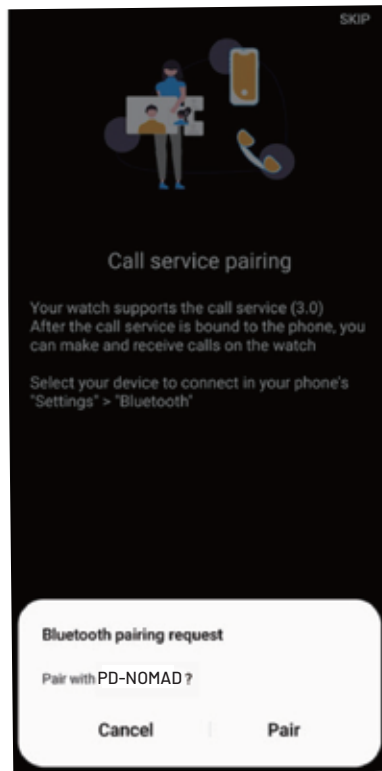
[1] For iOS:



1. Turn on Bluetooth in your phone's Bluetooth settings. You will see the connected device listed as "PD-NOMAD".

2. Accept the pairing request.

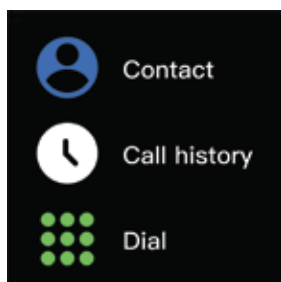
[2] For Android:



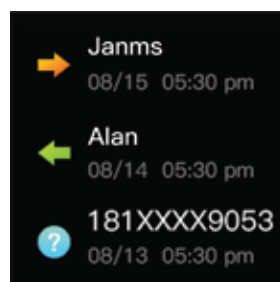
Accept the Bluetooth pairing request.

Step 2: On the watch, swipe left to navigate to the features page and locate the phone function.

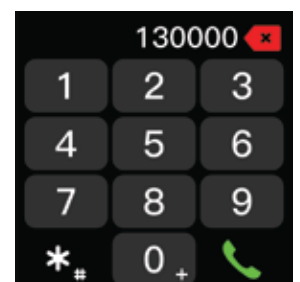
1. After successfully connecting via Bluetooth, this screen will appear.
2. Tap on "Recent Call" to view the recent calls on your device.
3. After dialing a number, the call button will appear in the top right corner.
4. When you press the dial button, the watch will start dialing the number.
5. Using the built-in microphone, you can talk directly using the watch. Adjust the speaker volume by tapping the speaker icon.



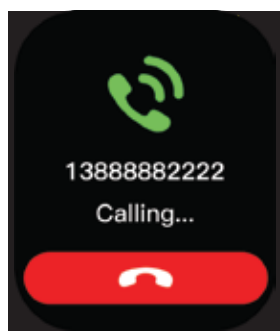
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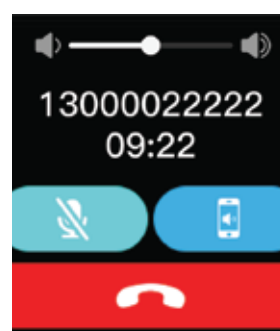
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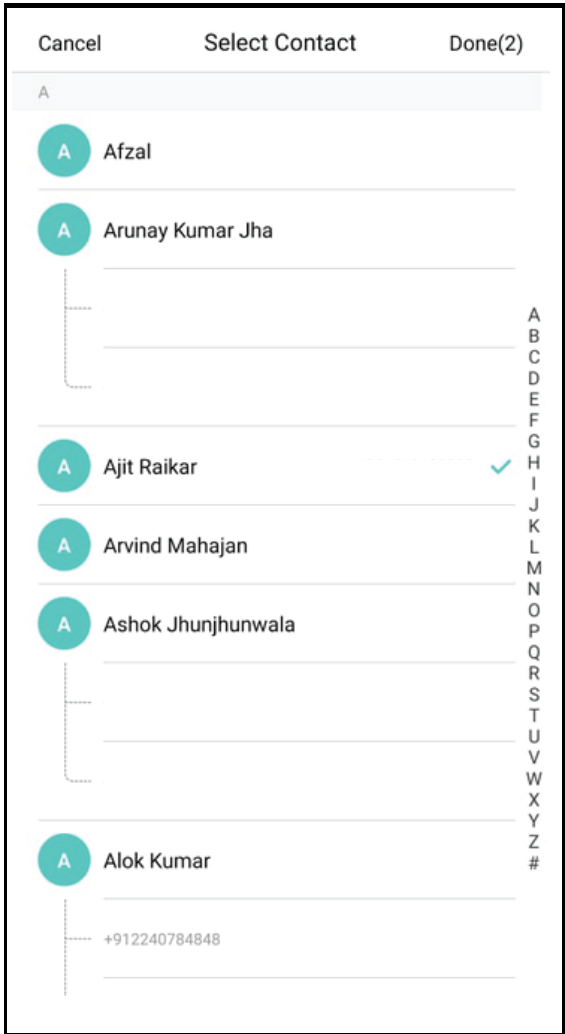
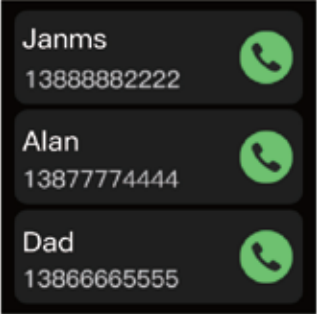
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Disconnecting Guide

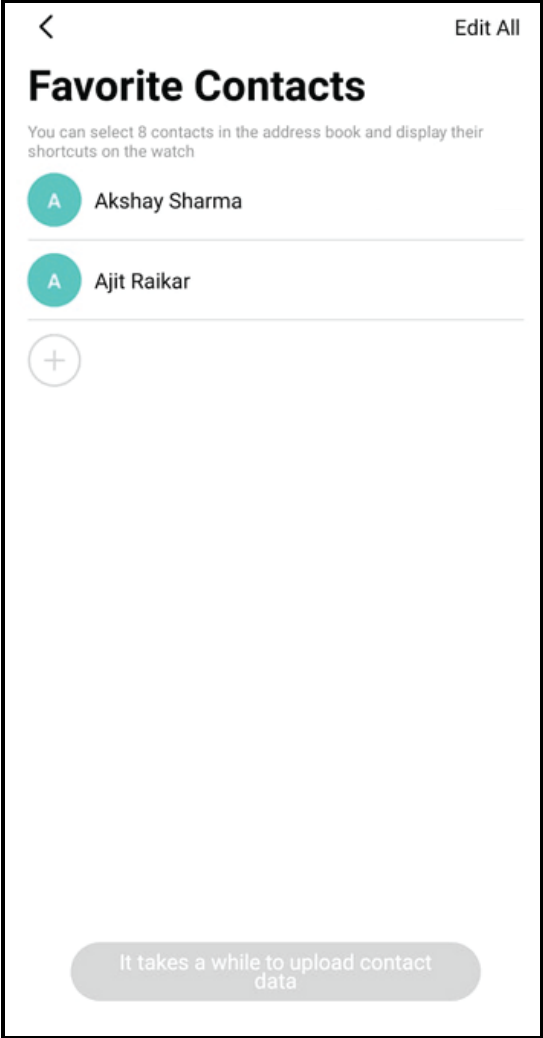
To disconnect Bluetooth calling, go to the phone's Bluetooth settings and select the device name to "unpair".

Adding Contacts

You can add up to 20 contacts. Add contacts through the app by going to "Favorite Contacts" and selecting the most frequently used contacts. The selected contacts will sync to your watch.



Select the contacts you wish to add.



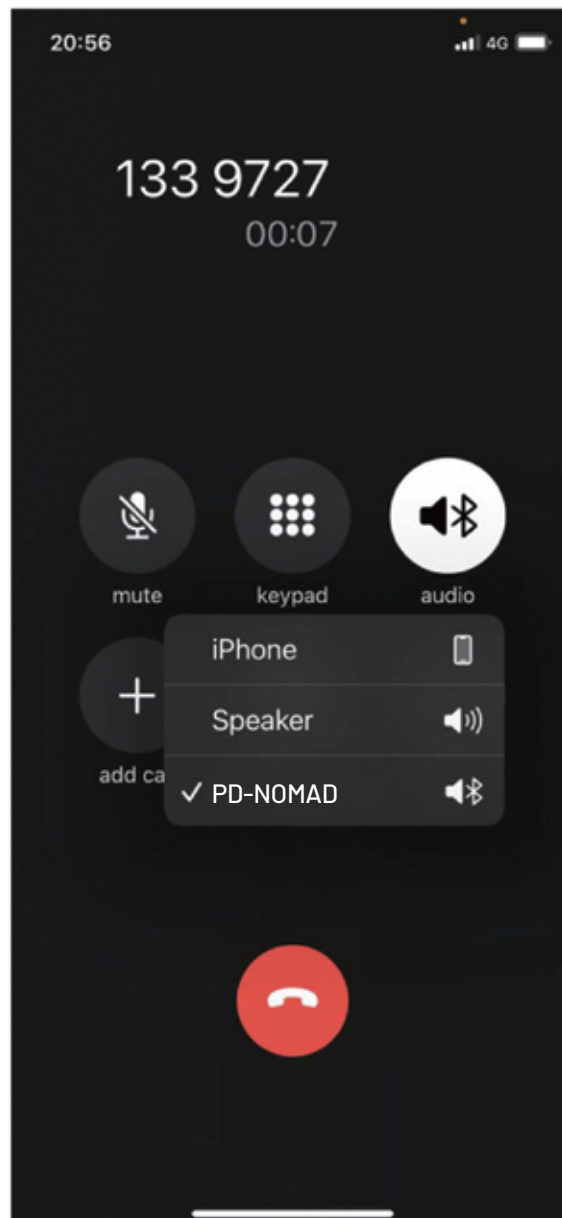
The contacts will be added.

Battery Safety Notes

1. The battery lasts for 3 to 4 days with Bluetooth calling mode enabled.
2. In standby mode, the battery can last up to 7–6 days.
3. To conserve battery, it is recommended to turn off Bluetooth when not in use.
4. Charge the watch using an adapter with a voltage between 3.7V and 5V.

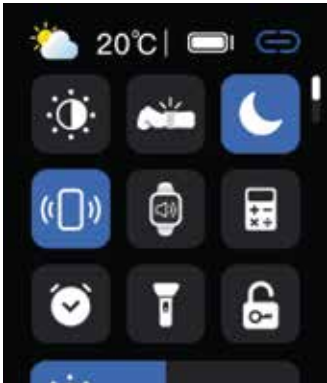
Switch During Call

When your watch is connected to the phone via Bluetooth, calls are directed to the watch by default. To switch between watch and phone during an active call, tap the Handset icon during the call. The call will then be transferred to your phone.



Touch Interface Guide

Navigate the screen by swiping left/right or up/down.



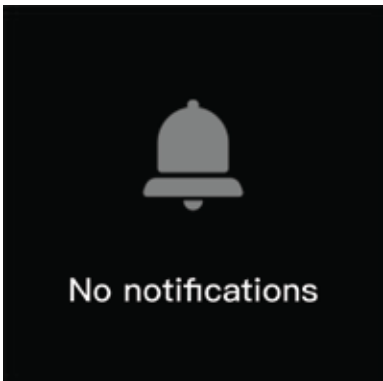
Control Center



Quick Menu



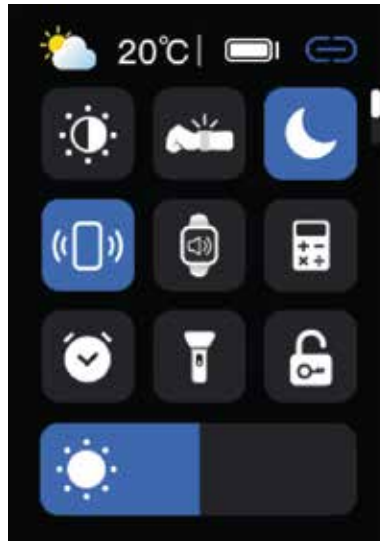
Feature Pages



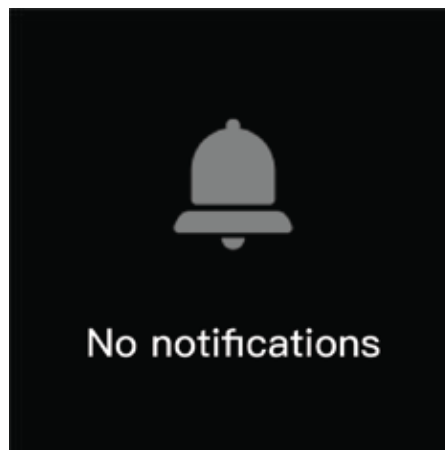
Messages

The watch features a full touch-control screen with a reflective display and a button. The screen can be navigated by sliding left/right or up/down. By default, the watch face page is displayed. On this page, you can:

- Slide down to view the Control Center.



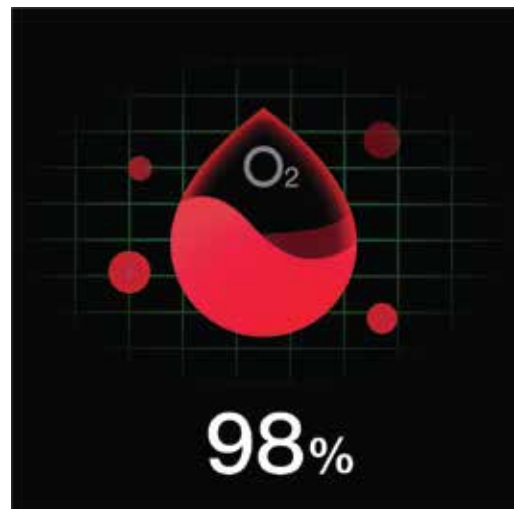
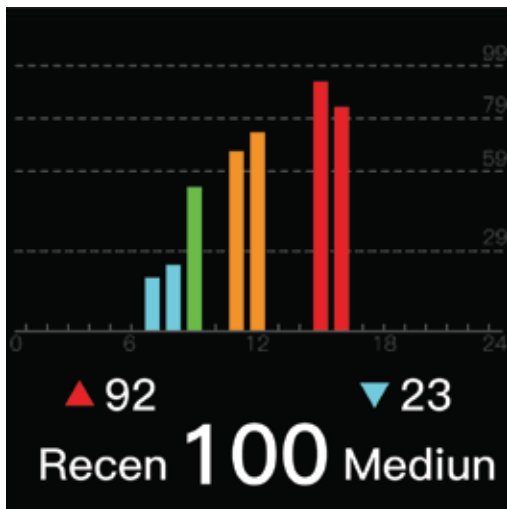
- Swipe up to view Messages.



- Swipe right to access the Quick Menu.



- Swipe left to view watch functions such as Heart Rate, Activity, Stress, and SpO2.



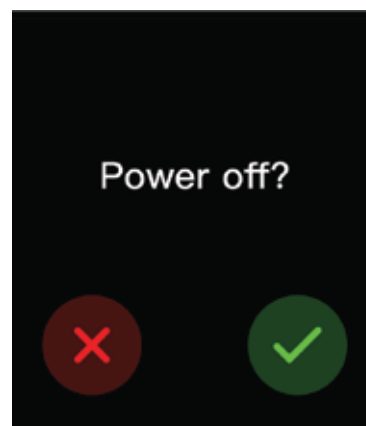
Button Instructions

A. Short-press the side button

1. To unlock the screen when it is in lock screen mode.
2. To return to the watch face page from the first-level menu when in unlocked mode.

B. Long press the side button

To turn on the watch when it is powered off.

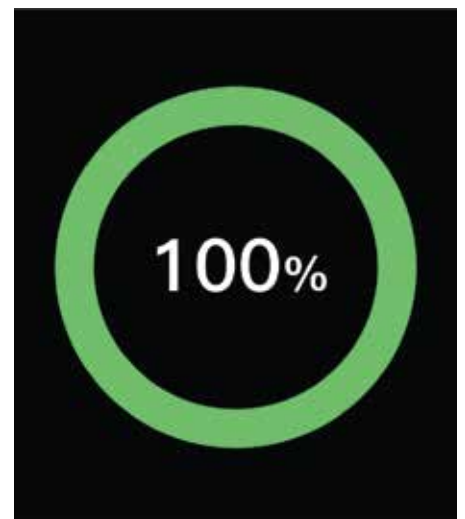
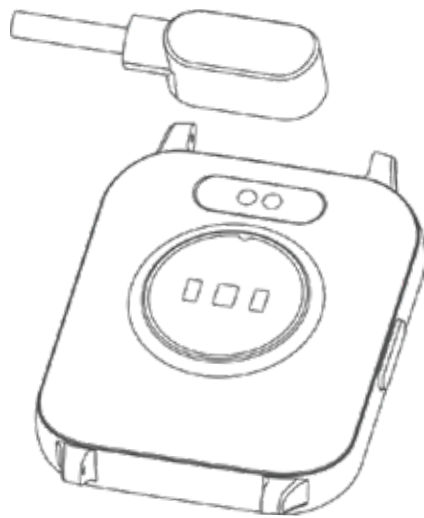


Wearing the Watch

It is recommended to wear the watch with a moderate fit, positioned about two fingers' width above your wrist, to ensure proper functioning of the optical heart rate monitor.

Charging

1. Connect the charger's USB port to a mobile phone charger or a computer USB port to charge the watch.
2. Attach the charging pin to begin charging the smartwatch.
3. A charging icon will appear on the screen, indicating that the watch is charging.
4. It is recommended to use computer USB ports or branded mobile phone chargers for charging the watch.

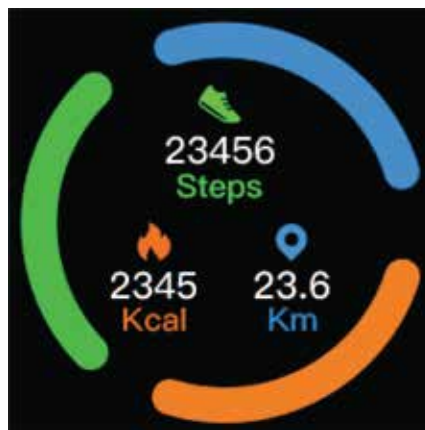


Function Introduction

The watch includes a wide range of functions, accessible by pressing the crown button. The menu includes Heart Rate, Blood Pressure, SpO2, Stress, Stopwatch, Call, Record, Sports, Activity, Contacts, Notifications, Sleep, Weather, Alarm, Music, Breathing, Timer, Find Phone, Games, Calendar, Voice, Calculator, NFC, SOS, Reminders, World Clock, Stock Market, QR Code, and Settings.

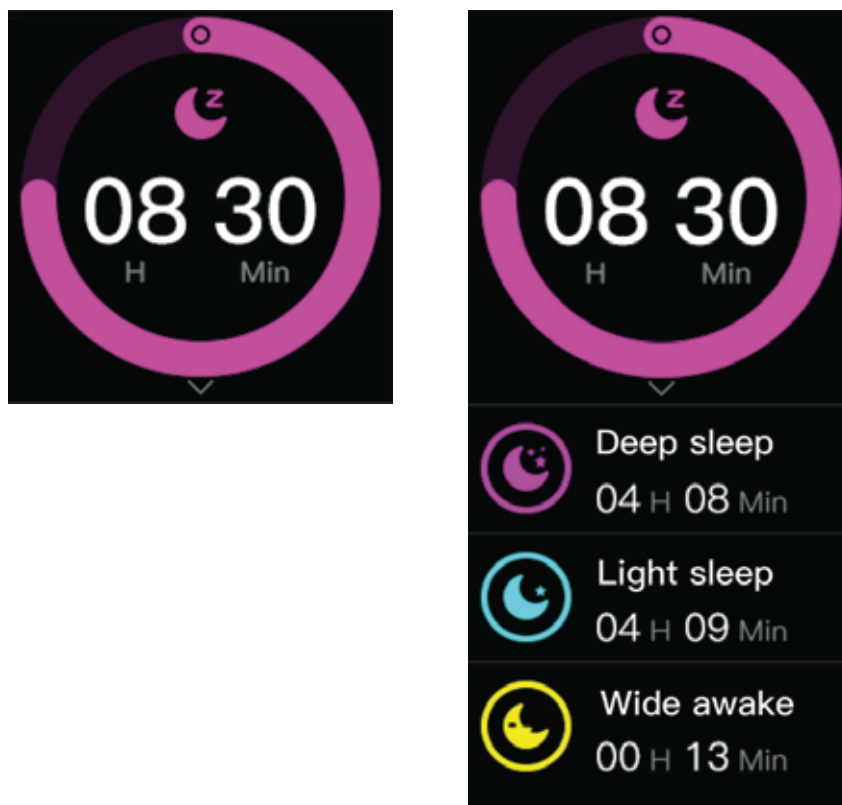
[1] Activity: The watch automatically tracks steps taken.

Note: The activity data reset to 00:00 at midnight.

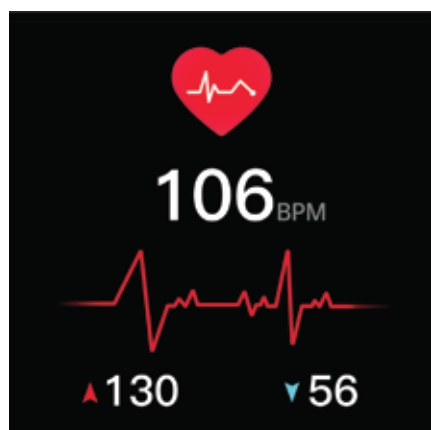


[2] Sleep: To track your sleep, wear the watch while sleeping. It will record hours slept and provide sleep quality statistics.

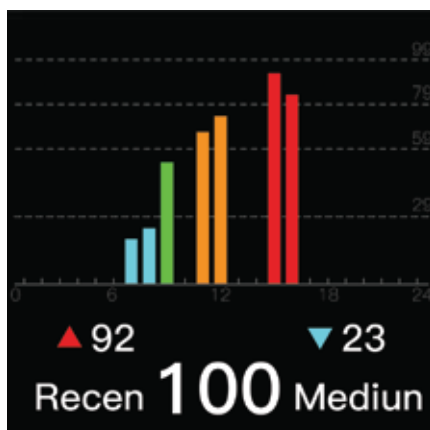
Note: Sleep data resets at 8 p.m.



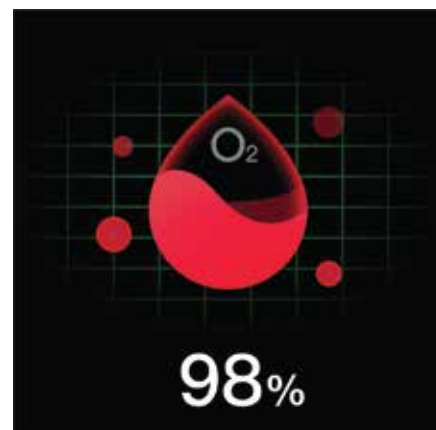
- [3] Heart Rate:** The watch continuously records your heart rate throughout the day. You can also tap on the heart rate function to start a new measurement.
- [4] Stress:** Monitor your stress levels closely with the watch's stress tracking feature.
- [5] Oxygen Tracking (SpO2):** Tap the SpO2 page to begin measuring your blood oxygen levels. Previous data can also be viewed on this page.
- [6] Phone Call:** The watch supports Bluetooth calling. With this feature, you can dial numbers, view call logs, and access contacts.
- [7] AI Assistance:** Activate the AI voice assistant on your phone through the watch when Bluetooth calling is connected.
- [8] Find Phone:** Find the location of your phone when it is connected via Bluetooth to ensure a stable connection.



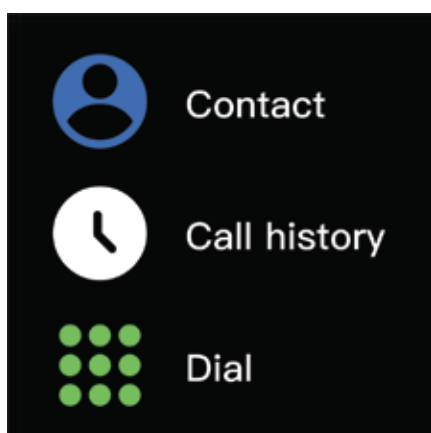
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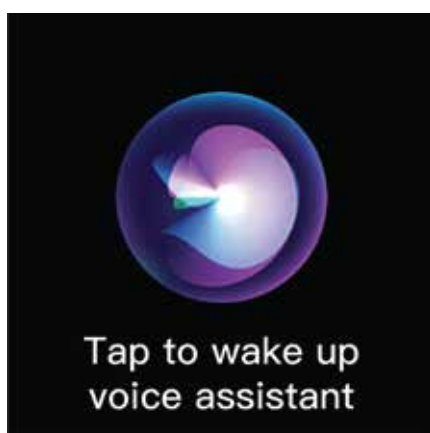
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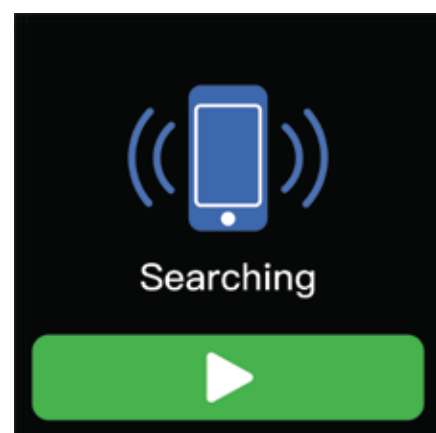
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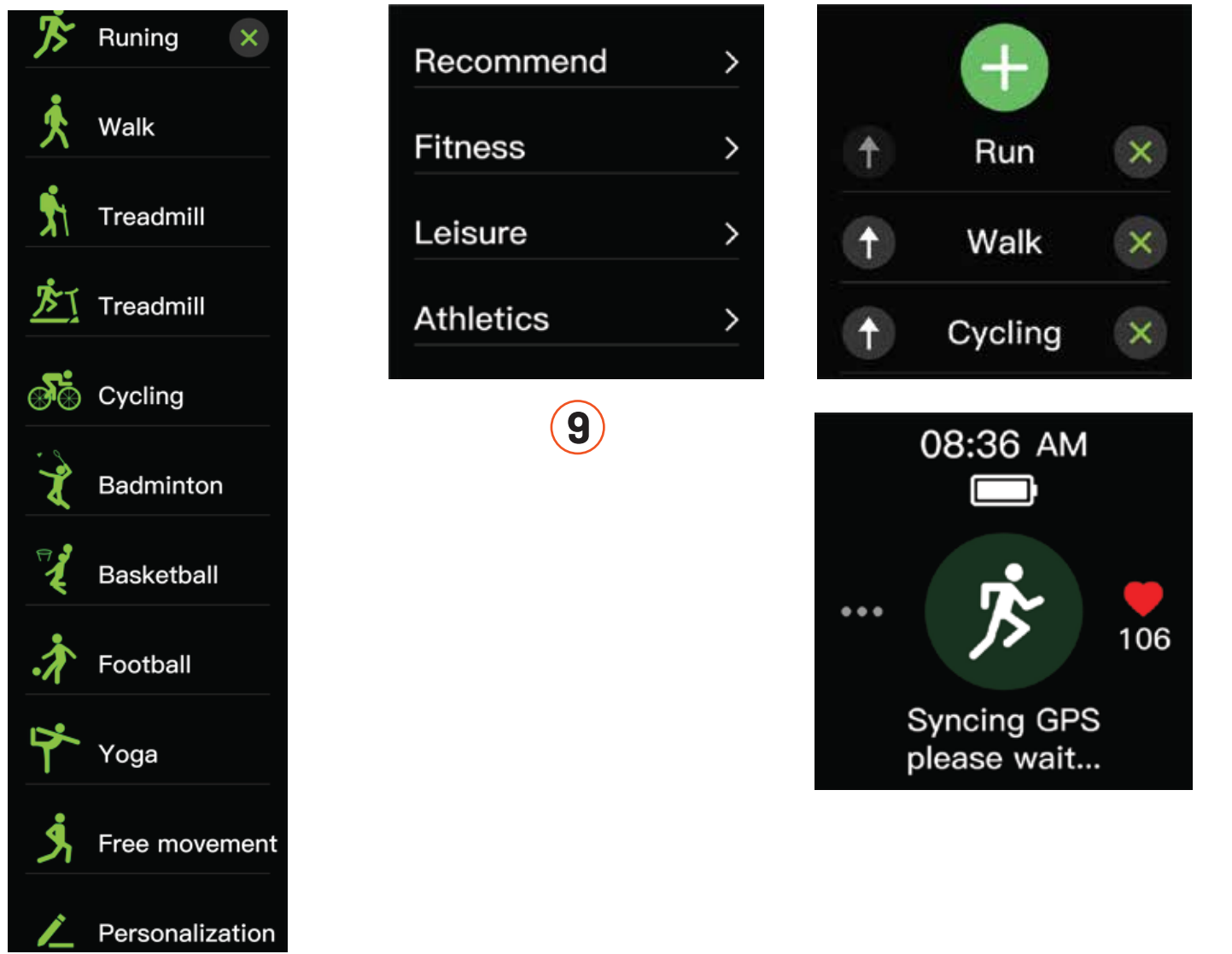


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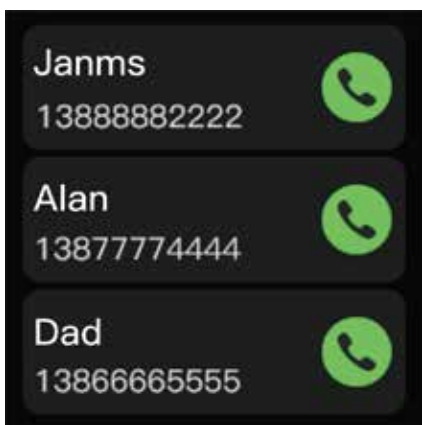
[9] Sports: This feature includes multiple exercise modes, allowing you to track your fitness goals with a single tap.

[10] Contact: Add your favorite contacts to the watch for easy access.

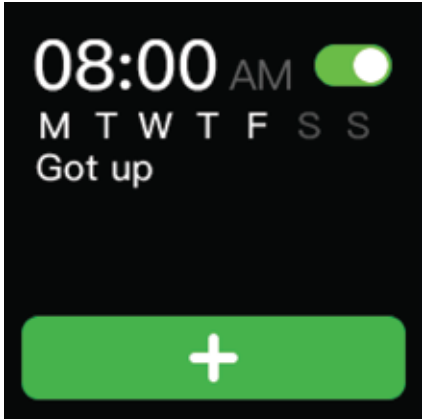
[11] Alarm: You can set up to three alarms on the watch.



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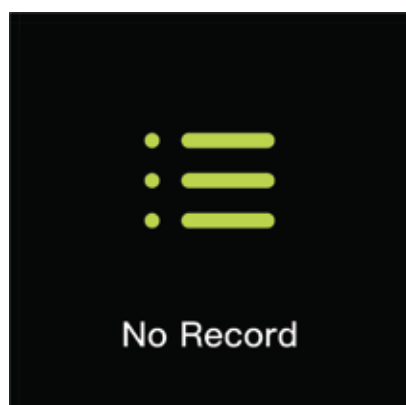
[12] Exercise Record: Keep a record of your exercise on a single screen.

[13] Calculator: Perform basic to complex calculations on your wrist.

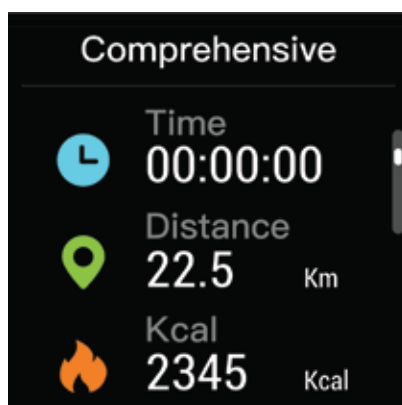
[14] Games: Enjoy playing games directly on your wrist.

[15] Weather: View the current weather and the forecast for tomorrow, synced from your app. Scroll up to see the forecast.

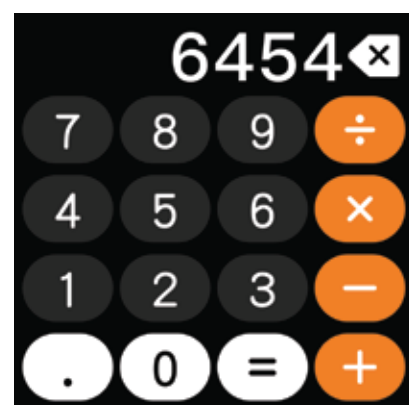
Note: The weather data will not update if the phone remains disconnected for an extended period.



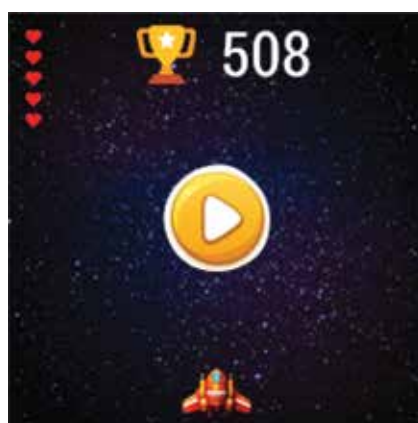
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[16] Camera: Control your phone's camera remotely once the watch is connected to the device.

[17] Music: Control the music player on your phone remotely once the watch is connected.

[18] Notice: View all your messages and notifications under this function.

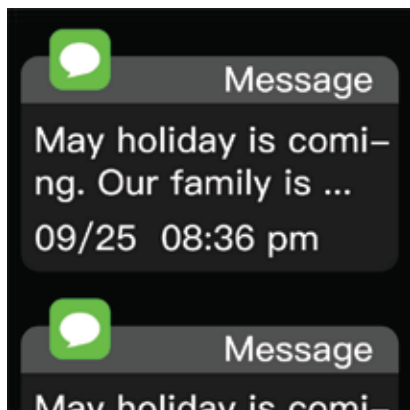
[19] World Clock: Check the time in any part of the world using this feature.



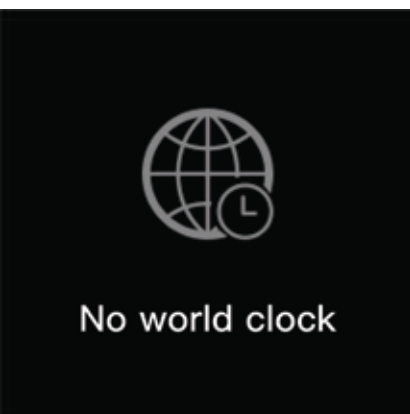
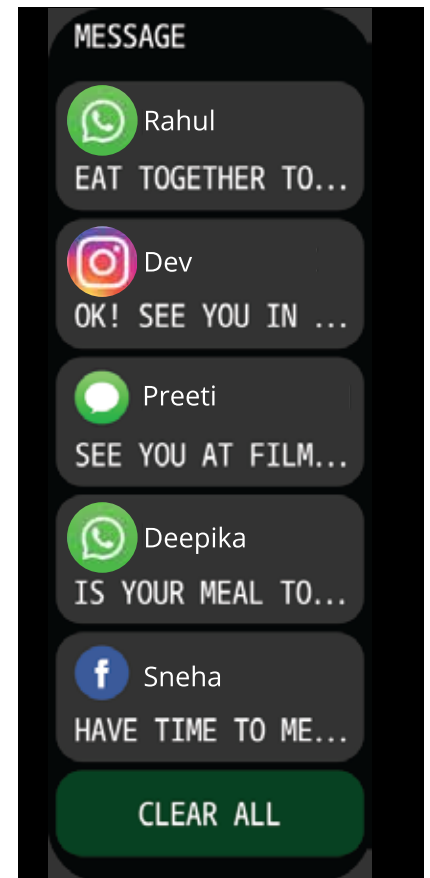
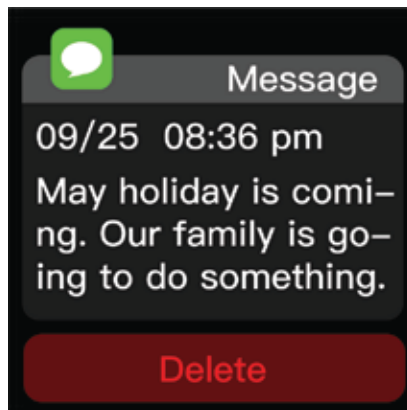
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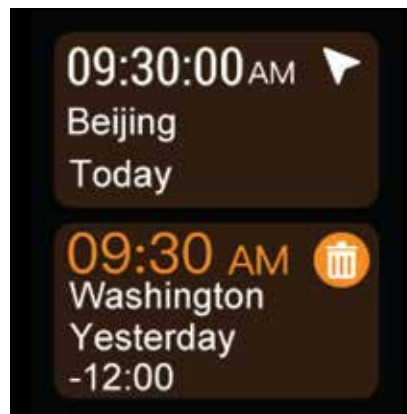
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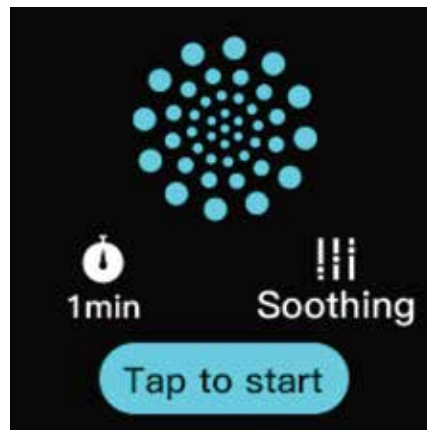
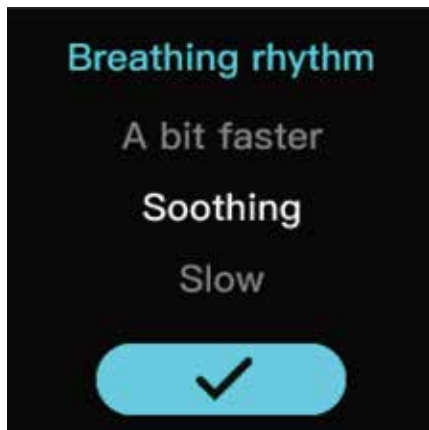
[20] Breathing Exercise: Monitor your breathing activity directly through the watch.

[21] Calendar: View the date and access the calendar directly through the watch.

[22] Stock Market: Track your favorite stocks on the watch.

[23] Stopwatch: Record your time with precision for any task using the stopwatch feature.

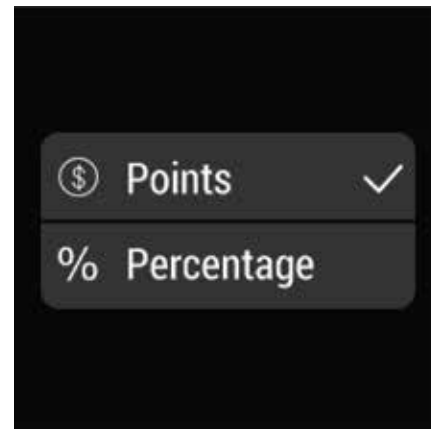
[24] Timer: Set realistic goals and track your progress towards achieving them with the timer function.



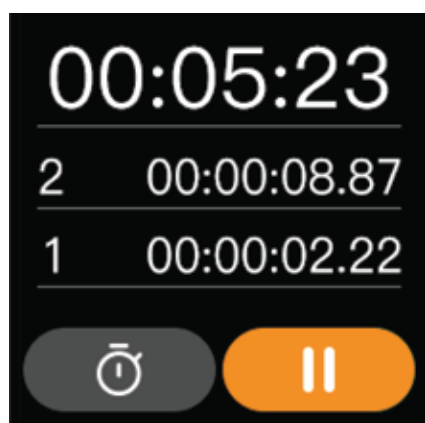
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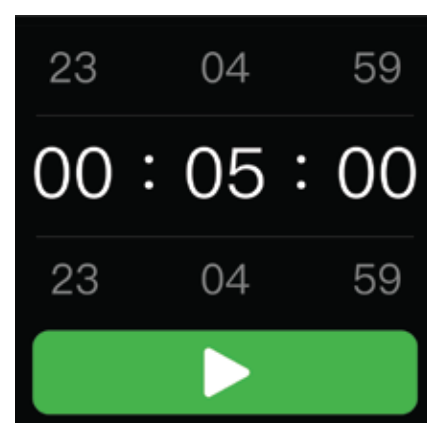
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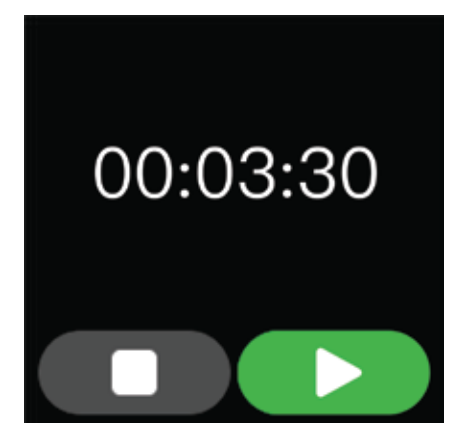
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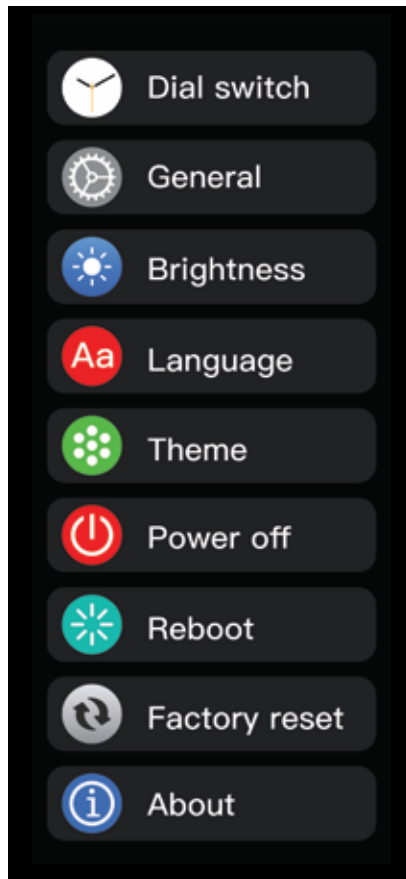
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[25] Settings: Access additional features through the settings tab.



Watch Face Setting

[A] To change the watch face using the watch:

1. Long press the screen to access the options for changing the watch face.
2. Scroll left and tap on the watch face you wish to select. The watch face will then be set.

[B] Replace the Watch Face through the App:

Navigate to the Profile in the app. Tap on the Watch face settings entry. Download and sync watch faces from the Watch Face Store. Once synced, the watch face replacement is complete.

App Settings Guide

[A] Weather

On the weather page, you can view the current weather and the forecast for the next day. The weather information displayed on the watch is sourced from a server. To ensure you receive the latest weather updates, keep your mobile phone's

Bluetooth connected to the watch. Additionally, when a weather alert is issued, the watch will notify you. You can enable or disable weather alerts by toggling the weather alert switch found under "Profile" > "Weather settings" in the app.

[B] Sedentary Alert

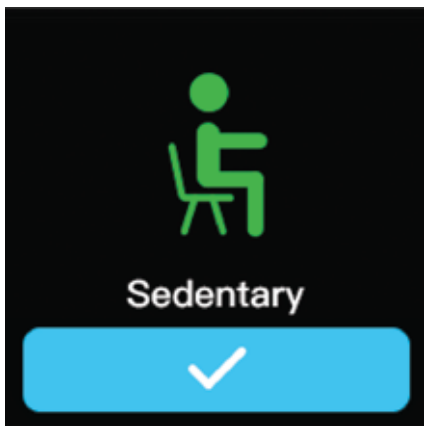
When you have been inactive for a prolonged period, the watch will vibrate to remind you to move around. To use this feature, enable Idle alerts by navigating to "Profile" > "My Devices" and activating alerts in the app.

[C] Goal Notifications

When you achieve your preset step goal, the watch will notify you. To use this feature, enable Goal notifications by going to "Profile" > "My Devices" and turning on Goal notifications in the app.

[D] Watch Alarm Alert

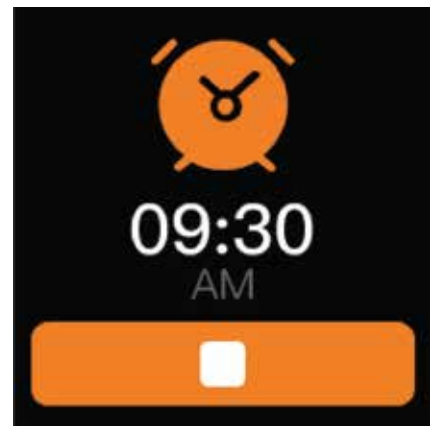
When your mobile phone's alarm rings, the watch will vibrate to remind you that the alarm is active. To utilize this function, enable the Watch Alarm Alert by navigating to "Profile" > "My Devices" and turning on the Watch Alarm option in the app.



B



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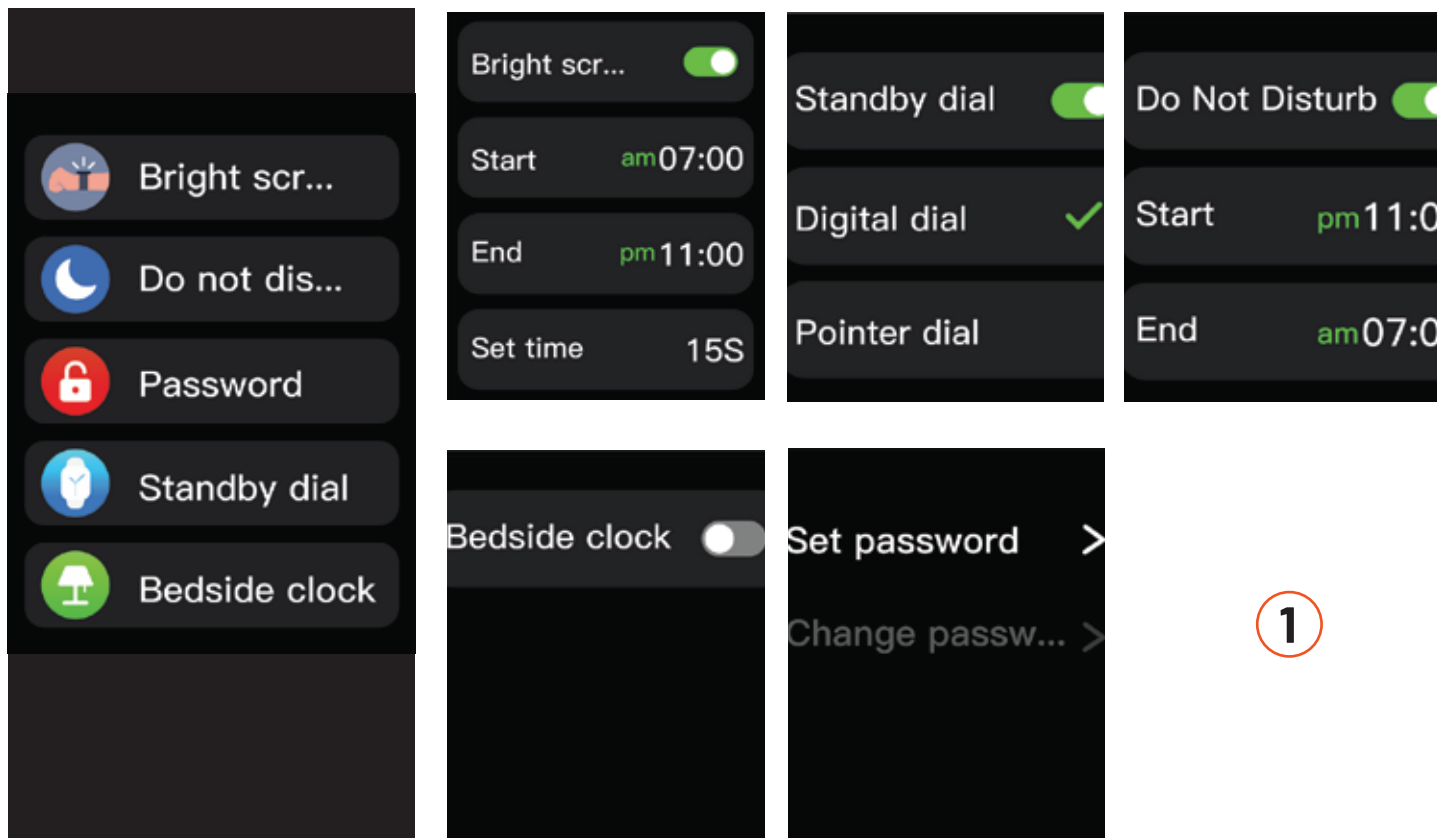


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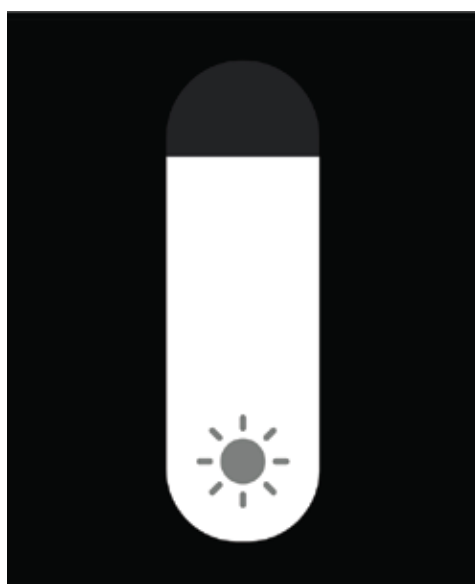
General Settings

The watch offers a variety of settings accessible through the menu. These include Dial Switch, General, Brightness, Language, Theme, Power Off, Reboot, Factory Reset, and About:

- [1] General:** Customize your watch settings to your preference.
- [2] Dial Switch:** Select and change the watch dial from this section.
- [3] Brightness:** Adjust the brightness of the watch display.



1

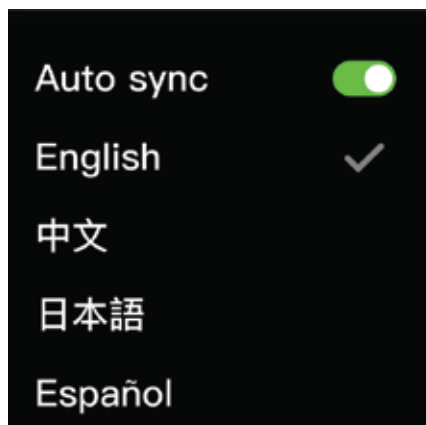


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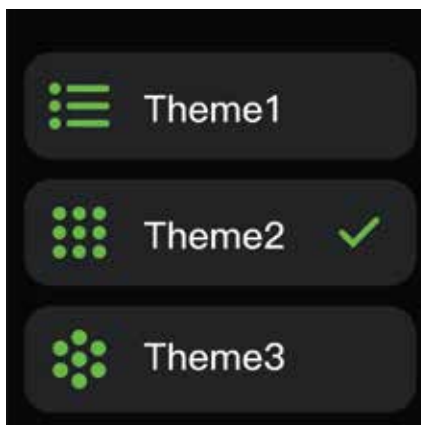


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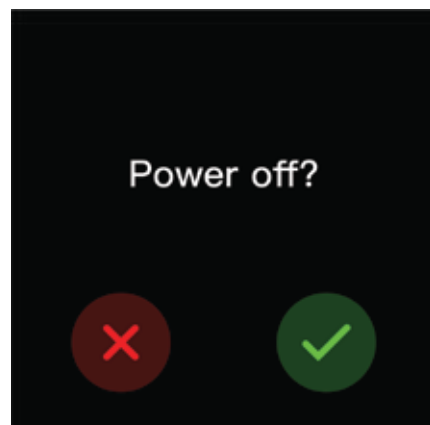
- [4] Language:** Select the language for the watch interface.
- [5] Theme:** Customize the theme of the menu on your watch.
- [6] Power Off:** Turn off the watch.
- [7] Reboot:** Restart the device.
- [8] Factory Reset:** This feature resets the watch to its original factory settings.
- [9] About:** This option allows you to check the system version of the watch.



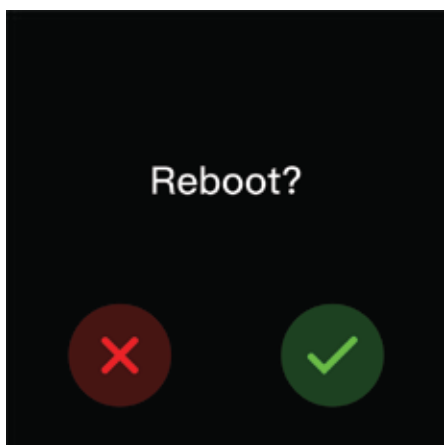
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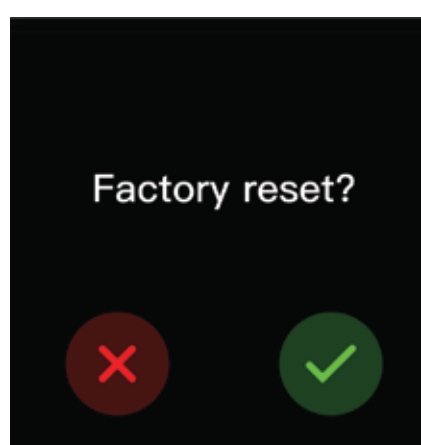
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Specifications

| | |
|--------------|-----------------------|
| Display Size | 1.54" TFT |
| Resolution | 240×240 |
| Touch Form | Full touch |
| Size | 552026 |
| Capacity | 290mAh |
| Working Time | 5 Days (Bluetooth On) |
| Standby Time | 15 Days |

| | |
|-------------------|---|
| CPU | JL7012A |
| Heart rate sensor | LC09A |
| External flash | 64MB |
| Accelerometer | Silan SC7A20H |
| TP | Hynitron816D |
| Charger interface | 5.0V |
| Bluetooth Name | PD-NOMAD |
| Bluetooth Version | V5.3 |
| Compatibility | Android 4.4 or above, Apple: iOS 9.0 or above |
| Material | Cover: Tempered glass, Body: Zinc Alloy, Strap: Steel |

Warranty

Products that you buy directly from our **Porodo** website or shop come with a 24-month warranty.

When you buy **Porodo** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at **porodo.net/warranty** and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:
porodo.net/warranty

Contact Us

If you have any questions about this Privacy Policy, please contact us at:
info@porodo.net
 Website: **porodo.net**
 Service Support: **support@porodo.net**
 Instagram: **[porodo](https://www.instagram.com/porodo)**