

PORODO *Blue*



**Porodo Blue**  
**Blue Supremo Smart Watch**

SKU: PB-SUPREMO

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## Overview

Thank you for choosing our smartwatch. This manual provides a comprehensive guide to using your device. The smartwatch seamlessly connects to your mobile phone via Bluetooth, offering a variety of practical features and services to enhance phone operation. It also includes numerous functions tailored for monitoring movement and health. Please note that this product is NOT a medical device. The health data and recommendations provided are for reference purposes only and are not intended for diagnosis or treatment.

## Button Guide

### **[A] Upper Right Button**

1. Activates the rotary encoder on the dial interface.
2. Press once on the dial interface to enter menu mode.
3. Double-click within the menu to switch styles.
4. In a menu function screen, click to return to the previous page.

### **[B] Lower Right Button**

1. Press and hold to power on/off, or click to turn off the screen when in active mode.
2. On a menu function screen, click to return to the main screen.

### **[C] Left Button**

When the screen is off, press to wake it up. When the screen is on, hold down to open the shortcut menu selection screen.

**Dial Switching:** Use the rotary encoder to switch between dials.

## Touch Gestures

1. Swipe left to access shortcut function components.
2. Swipe right to enter the split-screen interface.
3. Scroll down to open the control center.
4. Swipe up to access the message bar.
5. Within each function, swipe right to go back.

## App Download Guide

**[A]** To begin, download and install the "FereFit" app on your phone. You can do this in two ways:

1. Scan the provided QR code.
2. Once opened, select either Android or iOS, then proceed to download through the mobile browser.

**[B]** For direct app download, search for "FereFit" in the App Store or Google Play, and various other mobile app stores on Android devices.

Scan the QR code to download the FereFit App.



Android/iOS

## Bluetooth Instructions

### **[1]** Connection Guide

After downloading, you'll receive a series of permission prompts during installation. Please click "Agree" on all of these to proceed. This device requires the Bluetooth connection versions 3.0 and 5.0 to fully operate with your mobile phone.

### **[A]** Bluetooth 5.0 Connection Method

1. After installing, launch "FereFit" and enable Bluetooth on your phone.
2. A notification will prompt you to enable "FereFit". Accept by clicking OK.
3. Tap 'More' in the bottom-right corner, select 'Scan', and choose the Bluetooth address to connect.

**Note:** Some Android devices may require enabling GPS to locate the Bluetooth signal of the watch.

### **[B]** Bluetooth 3.0 Connection Method

1. Ensure the watch's Bluetooth 3.0 is turned on.

2. Activate Bluetooth on your phone, select the watch's Bluetooth name, and follow the prompts to establish a connection.
3. Once connected, your phone will display "Connected".

## **[2] Connection Verification**

To verify the Bluetooth connection, swipe down on the watch's status bar from the standby screen. If the Bluetooth icons for 3.0 and 5.0 are blue and green, respectively, this indicates a successful connection. A gray Bluetooth icon signifies an unsuccessful connection.

## **[3] Troubleshooting Connection Issues**

Due to variations in Bluetooth protocols across different mobile phone brands, the connection between the watch and your mobile phone may sometimes be unstable. To resolve this, try turning off your phone's Bluetooth and then reconnecting. Alternatively, you can reset the watch to its factory settings.

## **Setup Email Notifications**

### **[A] Enabling Notifications**

Navigate to Settings, then Application Management. Locate "FereFit" and access Permission Management to ensure all permissions are activated. Revisit Notification Management and verify that all permissions for "FereFit" are enabled.

### **[B] Important Notes**

If the computer version of WeChat is active, the mobile device may not receive notifications. Additionally, to prevent the app from being disabled due to low battery, add "FereFit" to the power-saving whitelist on your phone.

### **[C] Troubleshooting**

The notification function of the watch merely mirrors the notifications from your mobile phone. If your mobile phone does not receive a notification, the watch will not either. To enable notifications, access the settings on your mobile phone, locate the relevant app, and activate the notifications.

## Function Introduction

**Encoder:** Rotate the button on the standby screen to switch dials or navigate the menus. The Star style menu allows for zooming in and out, and applications can be accessed by maximizing their display on the screen.

**Split Screen:** Swipe right on the watch face to activate the split screen feature and quickly access desired functions.

**Dial Push:** Customization of the watch face is available through the app, including pointer, digital, and custom dials.

**Phone:** The watch allows you to make calls, access call history and contacts, and adjust call and button settings, including vibration.

**Contacts:** Up to 10 contacts can be added to the watch's phone book via the app.

**Call Records:** Synchronize call logs from your mobile phone to your watch.

**Dial Keyboard:** Connect your mobile phone to make calls directly from the watch.

**Activity Data:** Track daily and historical step counts, calories burned, and distance. Data resets to zero at midnight each day.

**Information:** View notifications from your mobile device, including support for Facebook, Twitter, WhatsApp, and more.

**Music:** Control music playback on your phone. Connect via Bluetooth 5.0 to play music from your mobile phone; Bluetooth 3.0 allows the watch itself to play music.

**Heart Rate:** For optimal heart rate monitoring, wear the watch just above the wrist bone. This placement allows for accurate real-time heart rate readings.

**Blood Oxygen:** Begin measuring your blood oxygen level immediately upon entering the function. Remain still during the measurement, and read the results after approximately 20 seconds.

**Blood Pressure:** Measurement starts as soon as you access this feature. Keep your hand flat during the monitoring process and wait about 20 seconds for accurate results.

**Body Temperature:** Monitoring begins upon entry. Keep your hand flat and stable for about 20 seconds to get a reliable temperature reading.

**Alarm Clock:** Sync up to three alarms via the app or set them directly on the watch.

**Voice Assistant:** Connect using Bluetooth 5.0/3.0 to access the voice assistant feature, allowing you to engage in hands-free conversations.

**Sleep:** Tracks the duration and quality of your sleep from 9 PM to 9 AM, helping you adjust your rest schedule for improved sleep quality. Sleep data is available for synchronization with the app.

**Exercise:** The watch supports a range of sports activities including running, walking, football, badminton, tennis, basketball, table tennis, cycling, and more.

**Take Photos:** Allows remote photo-taking when the phone's screen is unlocked. Activating this feature via Bluetooth will enable the watch to control the phone's camera, storing captured images in the phone's album.

**Find Mobile Phone:** If connected via Bluetooth, selecting this option on the watch will make the phone emit a ringtone, which continues until you cancel it.

**Search Device:** Activate this function via the app to make the watch vibrate continuously until the process is cancelled, helping you locate the watch.

**Weather:** Displays a 7-day weather forecast once connected to Bluetooth.

**Stopwatch:** Use this feature for timing events either in single instances or repeatedly.

**Breathing:** Set your preferred duration and pace for guided breathing exercises to help manage stress.

**Calculator:** Provides a basic calculator function for quick calculations.

**Menu Style:** Customize the watch's menu layout to match your preferences.

**Settings:** Access system settings for various adjustments.

**Component Functions:** Quickly access essential functions like heart rate, sleep tracking, weather updates, music, and location by swiping right on the dial interface.

**Female Health Function:** Provides reminders for menstrual and ovulation periods.

**Games:** Includes a selection of games, such as "Dumb Birds Fly First".

**Location Information:** When connected to the app via Bluetooth 5.0, the watch can display current location details by activating location services on your mobile device.

## **Additional Functions**

**Steady On Time:** Adjust the duration the screen stays on continuously.

**Screen Duration:** Set the length of time the screen remains active.

**Raise Wrist Screen:** Enable or disable the screen wake-up function when raising your wrist.

**Brightness Adjustment:** Access options to adjust screen brightness.

**Do Not Disturb Mode:** Set "Do Not Disturb" for the entire day or specific times.

**Drainage Function:** Swing the watch to enhance water drainage effectiveness.

**Password Setting:** Set a password for added security. If forgotten, use 8888 to unlock.

**Connect to Your Phone:** Scan the QR code with your phone to download the FereFit app.

**Power Saving Mode:** Activate this feature to lower brightness and disable vibration, helping to conserve battery life.

**Language Switching:** Supports multiple languages for user convenience.

**Time Setting:** Sync with the app or set the time manually.

**Date Setting:** Sync with the app or set the date manually.

**Restore Factory Settings:** Use this to reset the watch to factory settings in case of software issues.



- Shutdown:** Access this option to turn off the watch.
- About:** View details such as the watch model, software version, and MAC address.

## Specifications

Screen Size	2.0"
Screen Resolution	240×296 IPS
Memory	16MB
Battery Capacity	3.7V/200mAh
Bluetooth	V3.0, V5.3
Working Time	1 to 2 Days (Bluetooth), 3 to 5 Days (Without Bluetooth)
System Compatibility	Android 5.0 and above, iOS 9.0 and above
Water Resistance	IPX3



## **Warranty**

Products that you buy directly from our **Porodo** website or shop come with a 24-month warranty.

When you buy **Porodo** products from any of our approved sellers, you only get a 12-month warranty. If you want to extend this warranty, go to our website at **porodo.net/warranty** and fill out the form with your information. Don't forget to upload a picture of the product too. After we've checked and accepted your request, we'll send you an email to confirm that your product's warranty has been extended.

For more info, please check:  
**porodo.net/warranty**

## **Contact Us**

If you have any questions about this Privacy Policy, please contact us at:  
**info@porodo.net**

Website: **porodo.net**

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