

Green Lion

SMART BODY SCALE LITE

SKU: GNSBSCLLTEBK

Model No:GWS-11

Table of Contents

Installation	2
Specifications	4
Application Introduction	5
Warnings	5
Notices	6
Disposal	7
Warranty	7
Contact Us	7

Installation

Step 1

Check required specification for Phone or Tablet

Before installing OKOK Healthcare App, kindly check if the phone or tablet meets the following requirements:

and above 7.0 iOS
and 4.0 Bluetooth
above

iPhone:
iPhone 6, iPhone 5s, iPhone 5c, iPhone 5, iPhone 4s, iPhone 2, iPad Air, iPad Air 2, iPad 3, iPad 5, iPad Mini, iPad Mini 2, iPad Mini 3, iPod Touch 6.

Android and above for
selected devices with
and 4.0 Bluetooth
above

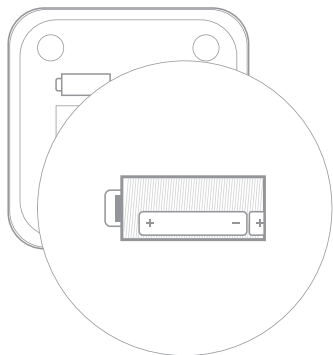
Samsung:
Galaxy Note 4, Galaxy S3, Galaxy S4, Galaxy S5, Galaxy Grand 2, Galaxy Note 2, Galaxy Note 3.

Xiaomi:
Xiaomi 12, Xiaomi 13, Xiaomi Note, Xiaomi 14, Xiaomi 1s 4G, Hongmi Xiaomi Tablet, Hongmi Note, Plus.

Huawei:
Honor 6, Honor 6 Plus, Ascend P7, Ascend P8, Ascend G7, Mate 7.

Step 2

Install the batteries



1. Open the Cover of Battery
2. Install the batteries in the right direction
3. Close the cover

If your scale is a USB one, please charge it before first use, and make sure not to charge for more than 2 hours. Meanwhile, please use the Android charging cable and the 5V constant current charger to charge it. If "Lo" is indicated, please stop using it immediately and charge it.

Step 3

Application Installation

1. Switch on Bluetooth

2. Phone or Tablet connects to Net (WiFi, 3G or 4G)

Let your devices scan the QR code of the "OKOK Healthcare," then install the app. Or search for "OKOK international form" in the App Store/Google Play to install it

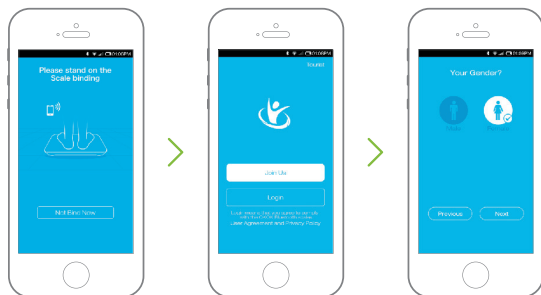
Step 4:

Pair the devices, register, and complete user information.

Open the app, begin to weigh and pair.
(Screen: Please stand on the scale to begin)

Register as a user.
(Screen: Login screen with "Join Us" and "Login" buttons)

Complete personal information.
(Screen: Choose gender and other details)

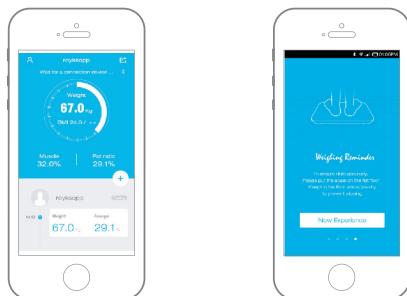


Step 5:

Weighing

Enter into the "Dynamic Weight" interface.
(Screen: Displaying weight and body data)

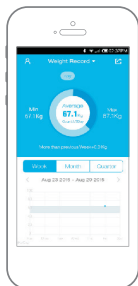
Stand on the scale and synchronize weight data onto the app.
(Screen: Weighing reminders and synchronization)



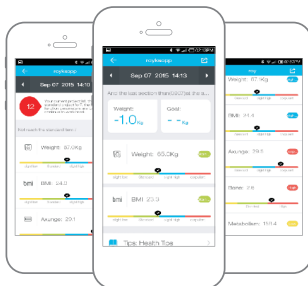
Step 6:

View the Test Result

Enter into the "Weight Trend" interface.
(Screen: Displaying weight and trend details)



View the test report.
(Screen: Showing the detailed test report with weight, BMI, and other health data)



Specifications

Material	6 mm Tempered Glass
Battery	3V AAA*2 (Not Included)
Capacity	5-180 kg
Division	50 g
Units	kg/lb/st
Display	5 Digits LCD
Bluetooth	V5.0
Working Temp.	5-35°C
Storage Temp.	-10-60°C
Auto Shut-Off	20-30 Sec
Product Weight	1.51 kg
Product Dimensions	300*300*6 mm

Application Introduction

1. Instantly Weighing

Open the OKOK APP, it will remind you to switch on Bluetooth (GWS-11). Turn Bluetooth on and the auto-pair process will complete automatically. User begins weighing, the weight data will be synchronized to the APP. If the Bluetooth disconnects, the weight data will be saved into memory of the scale, then synced to the APP while Bluetooth is connected.

2. Type Weight Data into APP

The user can type weight data into the APP to keep track.

3. Current Weight

The current weight interface displays weight information of the user and family members, and generates the report and gives health advice based on the measurement. Including current weight interface, weight list interface, date report and notice.

4. Weight Trend

Including weekly report, monthly report and quarterly report, indicating the changes of weight through curves.

Note: For fat scale, there are 8 data: weight, body fat, visceral fat, muscle, bone, BMR, age, BMI.

Warnings

1. Please keep the scale away from wet floors. Don't use the scale if the glass is wet to prevent slipping.

2. Please stand in the middle of the scale to avoid turnover.

3. The platform of the scale is made of glass, so please avoid sharp or harsh objects that may scratch the surface. Excessive forces or sudden shocks, unexpected falls, or impacts will break the glass and could injure the user.

4. The Bluetooth scale is not waterproof. Keep the surrounding environment dry and do not submerge it in water.

5. Use a soft cloth with neutral cleaning liquids to clean the surface. Keep away from organic solvents or chemicals.

6. When the batteries are in low power status, please remove the batteries to avoid leaking liquids that could corrode the scale.

Notices

1. Please stand on the scale in the correct direction.
2. Please stand on the scale for no less than 10 seconds if you are measuring body fat.
3. Please confirm that gender, height, and weight data are correct.



Disposal

This product must not be disposed of as unsorted household waste. It is important to separate such waste for proper treatment and recycling, in compliance with local waste management regulations.

Warranty

This **Green Lion** product comes with a 12-month warranty when purchased from our website, official store, or approved sellers.

To extend the warranty, please visit [**https://www.greenlion.net/warranty**](https://www.greenlion.net/warranty) and fill out the form with your product details. Make sure to upload a clear picture of the product.

After we review and approve your request, you will receive a confirmation email stating that your product's warranty has been extended.

For more info, please check:

[**https://www.greenlion.net/warranty**](https://www.greenlion.net/warranty)

Contact Us

If you have any questions about this Privacy Policy, please contact us at:

Website: [**https://www.greenlion.net/**](https://www.greenlion.net/)

Sales: [**sales@greenlion.net**](mailto:sales@greenlion.net)

Service Support: [**Support@greenlion.net**](mailto:Support@greenlion.net)

Telegram: [**@greenlion_global**](https://t.me/greenlion_global)

Instagram: [**@greenlion_global**](https://www.instagram.com/greenlion_global)